

# **Resources for People Without Medical Coverage**

Information is subject to change. Please confirm with service providers.

## **1. Victoria Youth Clinic**

**FREE Health Care Service for youth 12 to 24 years.** You don't need a Care Card but let us know if you want help to apply for one. **All services are confidential.** Bring your Friends! Food is always available so feel free to drop in for something to eat!

A physician, nurse/counsellor and medical office assistant staff the clinic on a part-time basis. The clinic is currently operated at two different sites: James Bay Community Project on Tuesday & Thursday afternoon/evenings and Monday & Wednesday afternoon/evenings in Downtown Victoria. It is a priority for us to be responsive to you about your needs and preferences for accessing health care. We work hard to understand what is unique about your health needs and to tailor the service to overcome the barriers you might experience in accessing care.

### **Downtown Clinic**

**533 Yates Street, Victoria**

**Hours: Mon 3 to 7 pm &**

**Wed 11 am to 3 pm**

**Tel: 250-383-3552**

**[www.victoriayouthclinic.ca](http://www.victoriayouthclinic.ca)**

\*Go down the alley beside the Reef Restaurant towards Bastion Square

\* Look for a blue door behind the restaurant, off the alley to your left

\*"Y" VAN: If you are downtown, you may be able to get a ride to either clinic in the "Y" van—call 388-7841 for info

### **James Bay Clinic**

**547 Michigan Street, Victoria**

**Hours: Tues & Thurs 3 to 7 pm**

**Tel: 250-388-7841**

**[www.victoriayouthclinic.ca](http://www.victoriayouthclinic.ca)**

\*From downtown, take the #5 Beacon Hill bus, get off at Menzies and Michigan. Or, take the #30/31 James Bay bus and get off at Superior and Menzies. These buses stop on Douglas Street in front of the Bay Centre.

## **2. VIHA STI Clinic**

Free STI testing, treatment and counseling. No medical card required. Confidential.

**1947 Cook St., Victoria (corner of Cook & Pembroke)**

**Appointment preferred. Tel: 388-2225**

**Mon 10 am-2 pm, Tues 1-4 pm & Thurs 1-4 pm**

## **3. Cool Aid Community Health Centre (Access Health Centre)**

The Cool Aid Medical Clinic was established in 1970, to provide primary health care for people who do not have medical coverage, or who live in the downtown core, many of whom suffer from mental health and addiction illnesses and/or other chronic health problems. The Cool Aid Community Health Centre endeavours to create an environment of trust and mutual respect between the staff and the clients it serves. Through an innovative team-based approach, services at the Centre are designed to reduce the significant barriers facing the downtown population from accessing health services.

**713 Johnson St. (1<sup>st</sup> floor)      Tel: 250-385-1466      [www.coolaid.org](http://www.coolaid.org)**

**Mon & Tues 9 am-6 pm, Wed & Thurs 9 am-8 pm, Fri 9 am-3 pm and Sat 10 am-2 pm**