

ANNUAL REPORT

2015/2016
island sexual health



island
sexual
health

#101-3960 Quadra Street
Victoria, BC V8X 4A3
(250) 592-3479

www.islandsexualhealth.org

CONTENTS

Vision & Mission Statement	Page 3
Clinic Locations & Staff List	Page 4
President's Report	Page 5
Executive Director's Report	Page 6
Medical Director's Report	Page 7
Financial Breakdown	Page 8
Clinical Services	Page 9-10
Product Sale - Frisky Business	Page 11
Volunteer Program	Page 12-13
Community Education	Page 14-15
Media Based Education	Page 16
Youth Committee & Practicum Students	Page 17
Clinical Outreach Services	Page 18
Community Outreach	Page 19

vision

Island Sexual Health Society envisions a diverse community that celebrates healthy sexuality throughout life.

mission

Island Sexual Health Society leads in delivering exemplary sexual health services to South Vancouver Island. Through the provision of clinical care and education, we:

- ✕ empower individuals to make choices that enhance their sexual wellbeing.
- ✕ provide all inclusive services and resources that support sexual health.
- ✕ celebrate diversity of sexual expression.

Island Sexual Health Society defines sexual health as a state of physical, emotional, mental, and societal well-being related to sexuality.

LOCATIONS

Main Clinic

#101-3960 Quadra Street
Victoria, BC V8X 4A3
(250) 592-3479

Camosun Clinic

Richmond House (Lansdowne Campus)
Sept - April Only
(250) 592-3449

Royal Bay Clinic

Royal Bay Secondary
Sept - June Only
(250) 592-3479

Tsawout Clinic

7728 Tetayut Rd.
Sept - June Only
(250) 592-3479

STAFF

Bobbi Turner - **Executive Director**

Lynz Hastie - **Clinic Manager**

Heather McAdam - **Medical Care Coordinator**

Louise Gardener - **Bookkeeper**

Jennifer Gibson - **Education Coordinator**

Michele Martin - **Assistant Educator & Events
Coordinator**

Nick Sandor - **Educator**

Courtney Williams - **Volunteer Coordinator**

Trista Tosh - **Product Sales & Supplies Manager**

Brandy Komor - **Tsawout Clinic Assistant**

Alix Wong - **Belmont Clinic Assistant**

Alex Schafter/Cher Ghafari - **Camosun Clinic Assistant**

Alex Schafter/Cher Ghafari - **Royal Bay Clinic
Assistant**

Jessica Gordon - **Medical Office Assistant**

Erin Hoey - **Medical Office Assistant**

Kim Harding - **Medical Office Assistant**

Meaghan Beatty - **Medical Office Assistant**

Sarah Vernon - **Medical Office Assistant**

Charlotte Brown - **Registered Nurse**

Tamara Barnett - **Registered Nurse**

Vanessa Bailey - **Registered Nurse**

Jessica Pope - **Registered Nurse**

Annie Lucas - **Registered Nurse**

PRESIDENT'S REPORT

Art Celuszak

Dear ISHS volunteers, staff, physicians and lifetime members:

This past fiscal year continued to see measured growth and financial prudence.

Under the leadership of our Executive Director, our operations have stabilized and we continue to make moves to improve our financial health to eliminate our debt and move to a position where we have discretionary income. To this end, continuing to raise our public profile will remain an important focus. We are increasing our presence at many of the public events throughout the summer season and are renewing our efforts on targeted fundraising.

The BC Gaming Branch and Island Health continue to be our major third-party funders.

We continue to see increasing demand for our clinical and education/outreach services. Our Maturation program continues to grow and we have a presence in the new Westshore school at Royal Bay.

Electronic medical records are in place. More concise and confidence-inspiring financial reports have been implemented for management and the board, supported by stronger bookkeeping services. Our technical infrastructure is undergoing a much-needed upgrade.

We were able to provide well-merited staff salary increases. We will be revisiting the physician split as we reduce our debt and our free cash flow improves.

This year the board bids adieu to Sandra Herbison. We will miss her insights to public health delivery and her excellent contributions to board discussions. But we wish her well as she renews her bonds to her family and community in Calgary.

The Board and I thank you for your continued support and faith in Island Sexual Health. We receive constant feedback that we provide a critical and supportive service in our community and this would not be possible without your outstanding commitment and professionalism.

Yours truly,



Art Celuszak, President



EXECUTIVE DIRECTOR'S REPORT

Bobbi Turner

It's a pleasure to come to this time of year again and look back over an incredibly inspiring fiscal. New energy, new programs and a successful year under our belt is extremely satisfying. Our new venture Frisky Business has exceeded our first year expectations and with the new on line ordering option through our website we expect to see increasing sales over the next year. Trista Tosh has done an inspiring job of bringing this together by creating a warm welcoming space, bringing in terrific new products and developing the on line catalogue.

Our Education Program continues to grow with a new program "Man Made". It has been a long-time dream of ours to not only have a male Educator on staff, Nick Sandor, but to also develop a program specifically for young males. This pilot project is discussed in more depth in the Education Section of this report but suffice to say it is launching with great enthusiasm from community members.

Community based programs here at ISH continue to change and grow as we focus on ensuring that our services continue to meet community needs. While we are sad to see the end of our Belmont Clinic we are happy to turn over the reins to Island Health through the new Wellness Center. The dedication of our staff in keeping this program running even through the most difficult obstacles demonstrates how dedicated and resilient our staff, physicians and volunteers are. Over this next year we will continue with our dedicated clinic at Royal Bay and will be looking into possible expansion into Edward Milne Secondary School. Services will continue at Camosun College and Qom Qem Slani at Tsawout First Nation thanks to ongoing support from the Camosun College Student Society and the United Way.

We have a truly dedicated team at ISH that continues to grow and evolve. I think I say every year how terrific this group gets with each passing year and I will do so again now. I simply could not imagine a more dedicated and committed team, it is a joy to come to work each and every day.

Respectfully,

Bobbi Turner



MEDICAL DIRECTOR'S REPORT

Jennifer Ross



I was off on maternity leave for most of 2015, and so returned to an ISHS in full swing in January 2016. Thanks to Dr Lynn Shaw for taking over in my absence.

ISHS continues to see an increasing demand for services from our growing community. As always we are committed to providing the highest standard of sexual health care and we do this at every step. From our front desk staff, administrators, volunteers, educators, nurses and physicians, we are meeting the needs of clients of all types. The standards committee has met quarterly this year as we endeavor to keep current on new issues in sexual health care.

Thanks as always to all the wonderful staff and clients!

Respectfully submitted,

Dr Jennifer Ross

BOARD OF DIRECTORS - 2015/2016

VOTING

Art Celuszak
Sandra Herbison
Devon Black

Delaney Walls

Laura Taylor
Eric Berndt
Jodi Mann

NON VOTING

Jennifer Ross
Bobbi Turner

FINANCIAL BREAKDOWN

Island Sexual Health Comparative Revenue and Expense Fiscal 2015/2016 and 2014/2015

REVENUE

	2015/16	2016% of total	2014/15	Change 2015 to 2016
Revenues				
Medical Services Plan billed	856,970	51%	801,676	55,294
Contraceptive Sales	352,372	21%	282,805	69,567
Client annual fees	94,624	6%	99,805	- 5,181
Gaming grant	100,000	6%	150,000	- 50,000
VIHA grant	127,741	8%	120,685	7,056
Other grants and fees (United Way, Camosun College, etc.	63,607	4%	135,559	- 71,952
Donations and fundraising	79,586	5%	26,064	53,522
STOP HIV program	-	0%	46,500	- 46,500
Other (Interest, non-medical supplies)	21,634	1%	5,380	16,254
	<u>1,696,534</u>	<u>100%</u>	<u>1,668,474</u>	<u>28,060</u>

Contraceptives: increased by \$69,567 **Gaming Grant:** decreased by \$50,000 due to one-time increase received in prior year. **VIHA Grant:** increased by \$7,056 **Stop HIV program funding:** decreased by \$46,500 due to one-time payment received in prior year.

EXPENSES

	2015/16	2016% of total	2014/15	Change 2015 to 2016
Expenses				
Salaries and benefits	537,977	32%	509,135	28,842
Physician remuneration	525,485	31%	517,947	7,538
Occupancy	207,029	12%	193,522	13,507
Office expenses and medical supplies	180,784	11%	185,790	- 5,006
Contraceptive supplies	196,332	12%	125,302	71,030
Professional services	32,897	2%	31,957	940
	<u>1,680,504</u>	<u>100%</u>	<u>1,563,653</u>	<u>116,851</u>
Net Income (Loss)	<u>16,030</u>	<u>-</u>	<u>104,821</u>	<u>- 88,791</u>

Salaries and benefits – Increased by \$28,842 **Occupancy** – Increased by \$13,507 **Contraceptive Supplies** – Increased by \$71,030

MEDICAL CLINIC

MSP BILLING PROFILE

Island Sexual Health contracts with General Practice (GP) physicians to provide office space and support services for their practice. The GPs services are billed to the Provincial Medical Services Plan (MSP). The fee schedule for a GP is based on a practice that sees a wide range of patients. Some patients will require more resources allocated to their care, some will require less. The fee is effectively an average cost of care for an average GP patient. The fee schedule does not contemplate a streaming of patients who self-identify with a particular medical problem to a particular GP or group of GPs.

MSP Fees	Fee	2014/2015		2015/2016	
		Number	Revenue	Number	Revenue
Office Visit/STI test (2-49) - 00100	\$30.64	14,388	\$433,800	17,213	\$527,406
Counselling Visit - 0120	\$53.31	1,306	\$68,500	1,177	\$62,746
Insertion IUD - 00090/14540/15120	\$83.51	948	\$75,015	1,003	\$83,761
Insertion PAP - 1/2 14560/0044*	\$51.01	3,547	\$178,097	4,756	\$242,604
Total		20,189	\$755,412	24,149	\$916,517

Island Sexual Health continues to have an MSP profile which is heavily weighted to office visits and PAP tests. Compared to the last fiscal, MSP related revenue has increased by \$161, 105.

MSP BILLING PROFILE - VISUALS

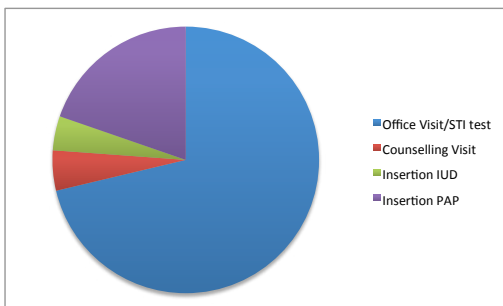


Figure 2. MSP services most common at ISH over the last fiscal year (2015/2016).

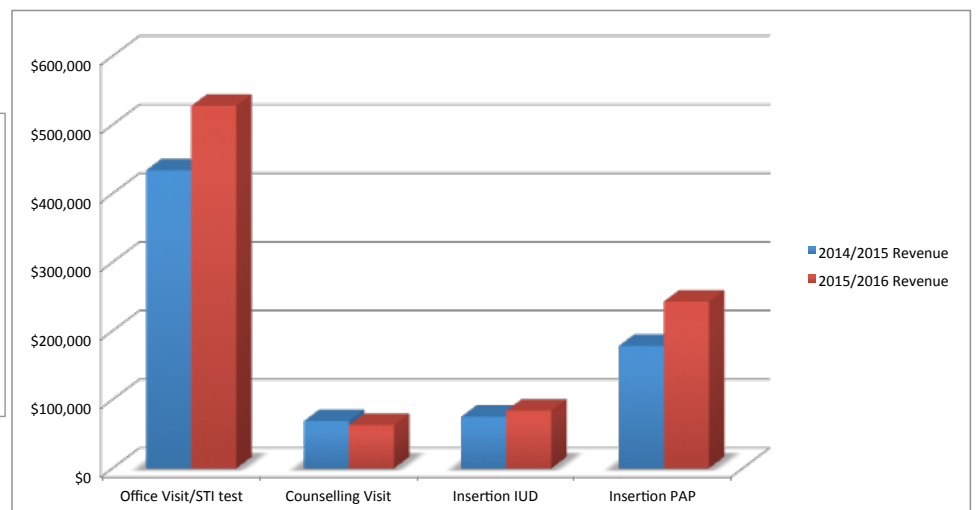


Figure 1. MSP services revenue comparison between 2014/2015 and 2015/2016 fiscal years.

SEXUALLY TRANSMITTED INFECTIONS

Island Sexual Health diagnoses and treats more sexually transmitted infections (STIs) than any other doctor's office or medical clinic site in Greater Victoria.

In 2015/2016, Island Sexual Health diagnosed 255 BCCDC Reportable Diseases. This corresponds to approximately one-fifth of all cases reported on Southern Vancouver Island.

Island Sexual Health clients with STIs tend to get diagnosed early for a number of reasons.

1. Our clinic will test anyone at risk of infection, regardless of symptoms as most STIs can be asymptomatic.
2. ISH books two or three days in advance, compared to GPs in standard practice who may book up to two or three weeks in advance.
3. Due to the volume of STIs our physicians see, their competency in diagnosing and subsequently treating STIs is greater than the average GP's.

BCCDC Reportable Diseases	South Vancouver Island (All Sources)	Island Sexual Health Diagnosed (2015/2016)	Percentage of South Island Diagnosed
HIV	12	2	17%
Chlamydia (genital)	965	217	22%
Gonorrhea (genital)	79	19	24%
HEP C	132	5	4%
Syphilis (infectious)	21	12	57%
TOTAL	1209	255	21%

Figure 3. Breakdown of BCCDC Reportable Diseases* diagnosed in the last fiscal year at Island Sexual Health.

* Source: BCCDC 2015 Annual Summary of Reportable Diseases

CERVICAL CANCER SCREENING PAP TESTS

Island Sexual Health performed **4,756 PAP tests** in the last fiscal year. This is more than the average GP and also walk-in clinics (the majority of which do not provide PAP testing due to extensive follow-up requirements). Although the BC Cancer agency recommends regular cervical cancer screening, there is a shortage of primary care available in Victoria to provide this service. Many of the clinic's clients are unable to secure a family physician. Given that many walk-in medical centers do not provide PAP testing, clients without a family physician often come to Island Sexual Health to have their PAP tests done. Island Sexual Health fills this gap in cervical cancer prevention by providing this preventative procedure to many individuals who may not be able to get it elsewhere.

The BC Cancer Agency has recently changed the guidelines surrounding PAP testing recommendations. All people who have a cervix and are currently or have been sexually active with a partner should now begin cervical screening at the age of 25 and continue through the age of 69 unless advised differently by their health care provider. Cervical screening will be done every 3 years unless advised differently.

PRODUCT SALES

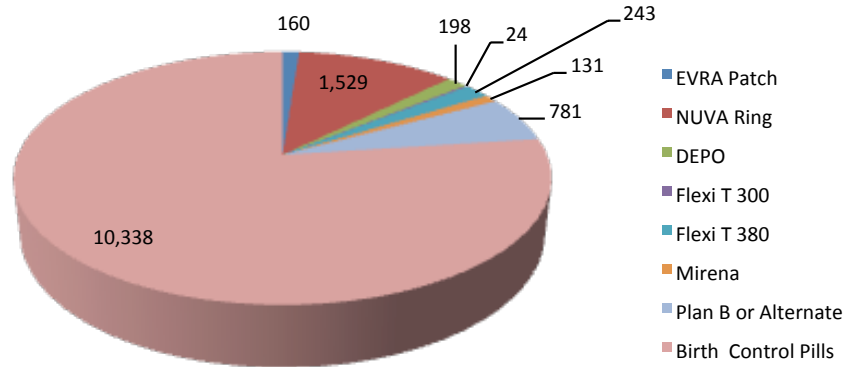
CONTRACEPTIVE SALES

Island Sexual Health sells contraceptive products at a competitive price. All retail profit is reinvested in primary health care.

Breakdown of Birth Control Sold at Island Sexual Health 2015/2016

TYPE	UNITS SOLD
EVRA Patch	160
NUVA Ring	1,529
DEPO	198
Flexi T 300	24
Flexi T 380	243
Mirena	131
Plan B/Norlevo	781
Birth Control Pills	10,338

Birth Control Sold 2015/2016



FRISKY BUSINESS

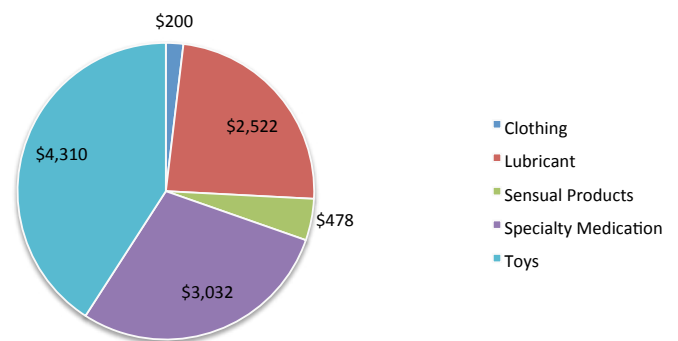
This year, Island Sexual Health expanded its products sales by launching a new retail enterprise - Frisky Business. Frisky Business is located within the main Quadra Street clinic and is open during regular clinic hours Monday-Saturday. The store offers a wide variety of products including lubricants, specialty condoms, internal and external vibrators, anal toys, masturbation sleeves, massage oils and bars, orals dams, Diva Cups, Boric Acid and Canesten/Diflucan.

Frisky Business



Inventory Item	Revenue Generated
Clothing	\$200
Lubricant	\$2,522
Sensual Products	\$478
Specialty Medication	\$3,032
Toys	\$4,310
Total	\$10,542

Frisky Business Sales 2015/2016



VOLUNTEER PROGRAM

Island Sexual Health has approximately 50 Volunteers actively volunteering, and we are excited to be welcoming 15 new volunteers in September 2016. Volunteers work anywhere from several hours per week to several hours per month. All potential volunteers must go through an application process that includes the completion of an application, provision of two references, a copy of a criminal record check, an interview with the volunteer coordinator and attendance at a volunteer orientation session. Volunteers must be 18 years and older, except those participating in our Youth Committee.

The amount of time each volunteer contributes varies, but the collaboration and team spirit is evident in everyone. Many of our clients remark that because of a positive first impression from a volunteer, they want to become involved with the society. The doctor's assistants and birth control educators are one of the first point of contact for clients, and our volunteers take on this role of representing the society with enthusiasm and professionalism.

COURTNEY WILLIAMS, BSW

Volunteer Coordinator

DOCTOR'S ASSISTANT

The DA assists the physician with pelvic/pap/STI exams and other procedures. Their main role is to:

- Call the client into the exam room.
- Provide support for the client during examinations should they desire it.
- Label swabs, paps, and any other samples and requisitions during the exam, and assist the physician as needed.
- Clean and sanitize the exam room after each patient.
- Re-stock the exam room with supplies as needed.

Doctors Assistants are scheduled during all clinical hours and the general practice is to have two DAs on for 2-3 physicians.

BIRTH CONTROL EDUCATOR

Educators work one-on-one with clients and their support persons. Educators perform the following functions during each 30-45 minute session:

- Take a social history from clients
- Provide information on birth control methods of interest to clients
- Demonstrate correct condom usage and discuss STI protection with clients.
- Acquaint client with ISH services, policies and philosophies.

A volunteer must have been with ISH for a minimum of 30 DA shifts in order to apply for this position and acceptance is not guaranteed. Training for this requires two 3 hour sessions and one 6 hour session with our Education Coordinator, followed by 3 shadow shifts with an existing educator.

DONNA DIPPIE AWARD FOR VOLUNTEER EXCELLENCE

Every year we see volunteers come and go and we are very grateful to every single one of them that donates their time to Island Sexual Health. We would like to recognize all our wonderful volunteers for their fabulous work! We are pleased to award the **Donna Dippie Award for Volunteer Excellence** for its second year.



This honour has been created to acknowledge the unparalleled volunteer dedication of Donna Dippie who has been with us since our conception. Each year it will be awarded to one of our outstanding volunteers and their name will be engraved on the plaque, which will be hung in our education room. This year we would like to present this award to **Ella Aitken**. Ella has been volunteering with ISH since September 2015, and in her time has shown immense dedication to her roles as both Doctor's Assistant and Birth Control educator. Thank you Ella for all of your hard work, positive energy and invaluable contributions.

CURRENT VOLUNTEERS

Abbey Eurchuk (DA)
Aiyden Martindale (DA)
Alex Schaffter (BCE)
Allison Muller (DA)
Anna Hoskins (DA)
Ariana Sholinder (DA)
Arielle Agar (DA)
Aviva Cipilinski (DA)
Brianna Crighton (DA)
Brooke Peters (BCE)
Chanelle Ram (DA)
Charlie White (DA)
Cher Ghafari (BCE)
Christine Chiu (DA)
Cynthia Chao (BCE)
Dakotah Hastie (DA)
Danielle Carrington (DA)
Dayna Fitzgerald (DA)
Donna Dippie (BCE)
Ella Aitken (BCE)

Emily Friedrich (DA)
Emma Bodnar (BCE)
Erin Robinson (DA)
Filipa Bosnjak (BCE)
Gillian Staples (DA)
Hannah van Mook (DA)
Hayley Parrett (DA)
Isailah Johnson-Ferguson (DA)
Jacqueline Steyuk (DA)
Jade Neilson (DA)
Jazlyn Mayhue (DA)
Jenny Francoeur (DA)
Jessica Round (DA)
Jordan Stariha (DA)
Joshua Mendis (DA)
Juliana Cooper (DA)
Julie Munich (DA)
Kacie Stirrett (DA)
Kara Giesbrecht (DA)
Katherine May (BCE)

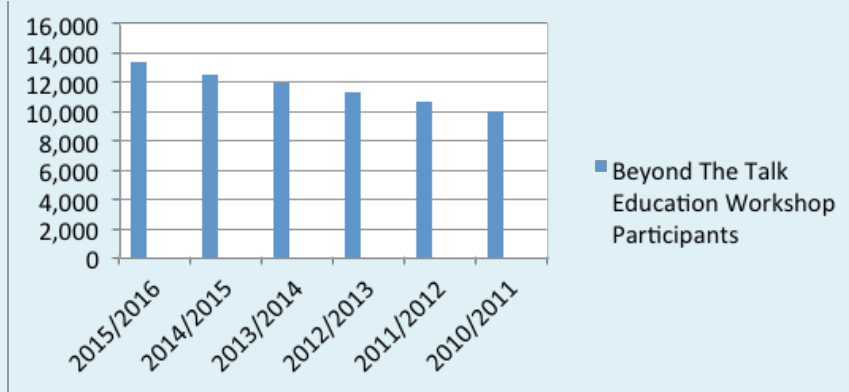
Katie Neale (DA)
Katie Schmid (DA)
Kayla Madalena (DA)
Kiran Bhangu (DA)
Kelsey Amos (DA)
Kennedy Lewis (BCE)
Kyra Lachance (DA)
Laura Taylor (BCE)
Leila Farmer (DA)
Lily Shields (DA)
Madi Innes (BCE)
Maria Weaver (DA/BCE)
Maya Saxby-Jones (DA)
Melissa Coupar (BCE)
Meriah Drabkin (DA)
Nicole Vishevsky (DA)
Olivia Kaehn (DA)
Paige Murphy (DA)
Rachel Brown (DA)
Rachel Newby (DA)

Radhika Bandla (DA)
Rebecca Wilkinson (DA)
Rhea Ellis (DA)
Rowan Hebert (BCE)
Sallie Skinner (BCE)
Samantha Tomilin (DA)
Sandra Kolesniak (DA)
Shannon Naysmith (DA)
Stephanie Liffering (DA)
Tara Mah (DA)
Vicky Yang (BCE)
Vienna Nguyen (DA)
Wendy Snedden (BCE)

COMMUNITY BASED EDUCATION

COMMUNITY EDUCATION WORKSHOPS

2015/2016 proved to be a phenomenal year for community education services. Our education program facilitated workshops for **13,430** participants in **505** workshops. That's 893 more workshop participants and 9 more workshops than 2014/2015.



The addition of Michele to our education program meant that we were able to plan, develop and begin to deliver maturation teaching (grades 4 and 5) in many of the elementary schools in SD 61 at the end of March. The majority of workshops happened within school districts 61, 62, and 63 and independent schools with community agency based workshops making up the balance.

Thanks to continued funding from **United Way** for our **Breaking Down Barriers** program, ISH continued our relationships with community organizations such as Island Health Best Babies and Families Programs, Esquimalt Neighbourhood House, Saanich Neighbourhood House, Boys and Girls club, and Young Parents Support Network.

Demand continued for parent education in local community agencies, pre-schools, elementary, middle schools and high schools. We continue to be called upon as sexual health resources for local, provincial and national media. Special thanks to Michele Martin and Annie Lucas for all of their dedication and support with this year's education program.

JENNIFER GIBSON, MA
Education Coordinator



'MAN MADE'

Island Sexual Health Society is excited to announce our new program Man Made. This program is a space to explore what it means to be 'a guy' and what internal and external forces influence how we shape our 'male' identities.

This year, we began program development. Pilot projects are scheduled to begin in September of 2016 both in schools and community groups with youth aged 14-19. These will include up to 8 units of facilitation.

In 2017 we will be making the program available to all Victoria Youth.



Man Made

Man Made provides the skills to explore problems with commonly held ideas of masculinity such as: gender literacy; media and education; healthy relationships; masculinity and power; and safer sex practices. This program also includes a youth drop-in every second Tuesday evening where male-identified youth can continue to connect with masculine in the context of their own lives.

NICK SANDOR, BSW
Education, Events & Program Development



EDUCATION SPONSORS

Island Sexual Health is incredibly grateful for the funding we receive for our community education programs.



United Way



MEDIA BASED EDUCATION

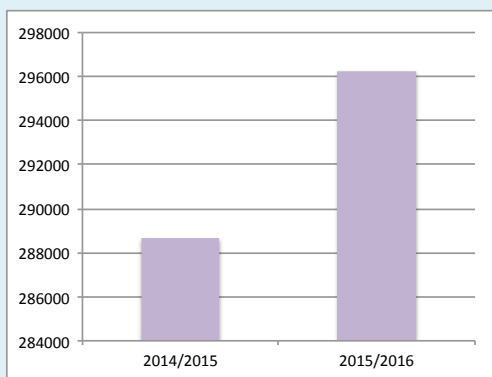
BEYOND THE TALK TEXTING LINE

Our confidential *Beyond The Talk* texting line **(250) 812-9374** continues to be a great outreach tool. Texts are answered by our education team **Monday-Friday from 3-5pm**. Texts received outside these times receive an auto-response with the beyond the talk website (beyondthetalk.ca), the BC nurses line and a reminder of when we answer texts.

In past years, most of the texts we received were a single question and answer exchange but this year the majority of the texting clients had several questions during our conversation. The conversation is always directed by the texter. Feedback from the community has been overwhelmingly positive! The number of texts we receive vary on average from **2-10/day**. The line continues to be used as a follow up tool to education sessions and it is busiest during the school year. This year we have also experienced our clients using it as an outreach tool about correct contraception usage, clinic locations and appointment booking.



ISLANDSEXUALHEALTH.ORG



296,271 unique visitors in 2015/2016 (compared to 288,704 in 2014/2015). That's an average of **811** visitors a day.

Top 5 Visited Pages

- | | |
|-------------------------|--------------------|
| 1 - Locations and Hours | 2 - Comparing IUDs |
| 3 - Birth Control Pills | 4 - Appointments |
| 5 - Sexual Health FAQs | |

BEYONDTHETALK.CA

38,621 unique visitors in 2015/2016. That's an average of **107** visitors a day.

Top 5 Visited Pages

- 1 - Birth Control
- 2 - How To Talk To An Adult
- 3 - Going To A Doctor
- 4 - STI Testing
- 5 - Sexual and Gender Diversity



YOUTH COMMITTEE

The Youth of Island Sexual Health is a youth-led committee of **15 to 25 year olds**. Its creation stems from the belief that youth are the educators and leaders of tomorrow, and that there is no better way to ensure their needs are being met than by empowering youth. Currently, we have around **20 members**.

The Youth Committee gives feedback and offers direction in relatable areas throughout our organization. They make recommendations surrounding new and existing initiatives and discuss sexual health issues in the community and beyond.

The committee also takes on exciting projects to promote sexual health and well-being in the community. The past year, the Youth Committee worked with artist Kerri Flanagan to produce a **multi-media art show titled "I thought I was the only one...."** This project revolved around coming-of-age and individual experiences of change. The final product was a 30 minute video. We received a \$500 grant from a local organization to aid in our efforts, and were supported greatly by the Fifty-Fifty Collective in the gallery installation. The opening night was a success and we received overwhelmingly positive feedback about the video.



PRACTICUM STUDENTS

Island Sexual Health has offers placements for practicum students from a wide range of programs including Social Work, Child and Youth Care, Nursing and more! We offer both clinical and project based practicums.

2015/2016 Practicum Students

Shanti Richardson – Camosun

Clinical Work and Events

Camille Cabatuando – UVic social work

Clinical Work and Events

Sarah Root - Camosun

Clinical Work and Events

Cher Ghafari (Service Canada)

Youth work over the summer

Brooke Peters (Social Work)

Working on the client intake sheet to represent ISH's inclusiveness of all persons with guidelines gathered from a trans-inclusion workshop.

Susana Guardado (Masters in Community Development) - Ongoing

Focus of the project is to explore ISH's expertise in providing services to youth ages 15-24. "Creating Safety for youth sexual health services: Learning from experience"

Nick Sandor (Social Work)

Developed the Man Made Program

Melissa Coupar (Masters, School of Public Health and Social Policy)

Developed an online community health survey to get feedback about the sexual and reproductive health care needs of their agency clients and recommendations.

CLINICAL OUTREACH SERVICES

Tsawout - Qom Qem Slàni

We have continued to strengthen our community ties at the Tsawout Health Centre. Our weekly drop-in clinics (Wednesdays 5-8pm) have proved to be an informal gathering place for women of all ages (although the clinics is open to all genders). The informal sharing always facilitates conversations around health and provides opportunities to learn from each other. The clinic welcomes all members of the Saanich First Nation communities. Another vital aspect of making community connections involves our continued attendance at community events such as arts and crafts fairs, community dinners, Elder's Luncheons, health fairs, and the Gal's Youth group.

We hosted a Women's Dinner in the Spring, inviting the community to share on topics such as breast health, cancer screening and awareness, and how to speak to youth about sexuality. We were honored to a part of this open and honest discussions. Charlotte (RN) provides contraception, STI testing, cervical cancer screening (Pap testing) and/or general sexual health information. Brandy provides a warm welcome during clinic hours, attends local events, and works with community members to coordinate clinic events. We would also like to acknowledge our receptionist, Angelina Garcia, for the important role she plays in the success of the Qom Qem Slàni Clinic.

Camosun

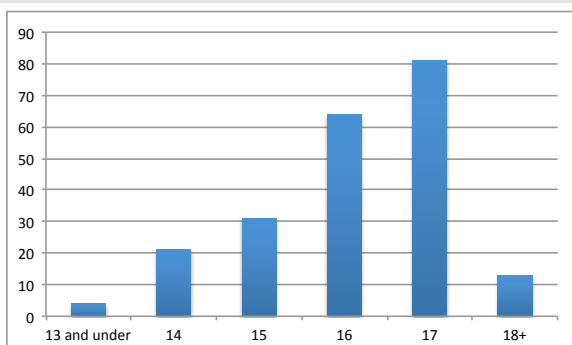
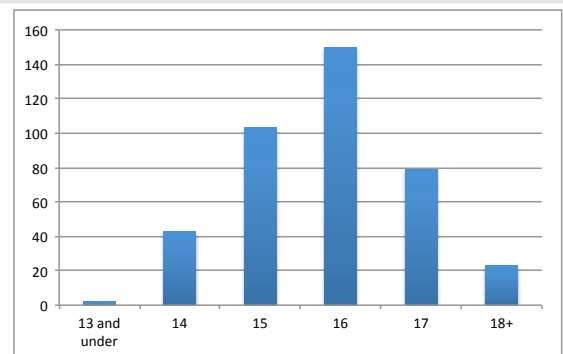
The Camosun Clinic was run by Annie Lucas (RN), Cher Ghafari, and Alex Schafer.

This year, we saw **238 unique clients** (+47 since 2014/2015 fiscal year). Of these clients, 24% were biologically male, and 76% were biologically female. The most common reason for visit was Testing, followed by Contraception. The Camosun Clinic runs on Thursdays from September to April.

Belmont

The Belmont Clinic was run by Dr. Tracy Tresoor and assistant Alix Wong in the new Belmont High School. Our Belmont clinic saw **400 unique clients**. Of these clients, 3% were biologically male, and 97% were biologically female. The most common reason for visit was Contraception, followed by Education/Testing, then Pregnancy Testing.

Pictured to the right is a graph showing the age distribution of clients seen at Belmont. The graph represents "Number of Clients Seen" vs. "Age", with 16 being the most common age seen.



Royal Bay

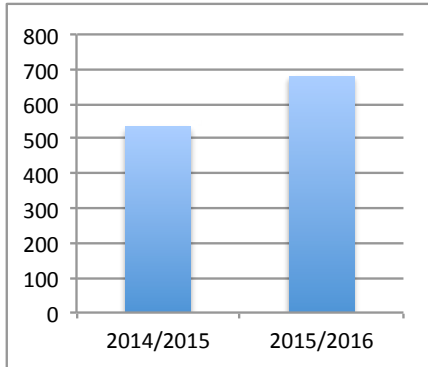
This was our first year in the new school. The clinic was run by Annie Lucas (RN), Cher Ghafari, and Alex Schafer. Royal Bay saw **214 unique clients**. Of these clients 98% were biologically female, and 2% were biologically male. The most common reason for visit was Contraception, followed by Education, then Pregnancy Testing.

Pictured to the left is a graph showing the age distribution of clients seen at Belmont. The graph represents "Number of Clients Seen" vs. "Age", with 17 being the most common age seen.

COMMUNITY OUTREACH

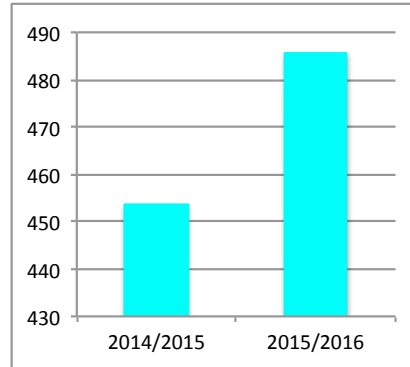
SOCIAL MEDIA

Facebook Follower Count



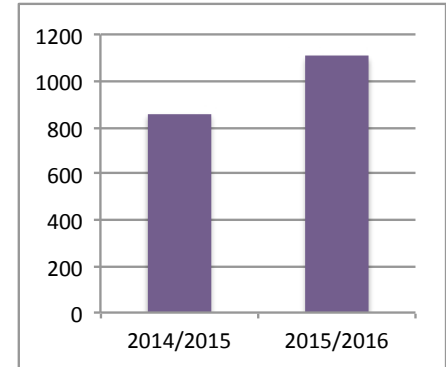
Our Facebook follower count has increased from 535 to 680 (+145) over the last fiscal year.

Quarterly Newsletter



We reach out to our community through a quarterly newsletter. This year, our mailing list has grown from 454 to 486 (+32).

Twitter Follower Count



Our Twitter follower count has increased from 859 to 1107 (+248) over the last fiscal year.



COMMUNITY EVENTS

We have continued to strengthen our involvement with our community through attendance at events in Victoria and the surrounding areas. Island Sexual Health attends a diverse assortment of events ranging from public health fairs to music festivals. Our outreach efforts help us to promote our services, distribute accurate, unbiased sexual health information, and provide people of all ages, genders, identities and abilities with free safer sex supplies. Community events are also a great place for us to connect with other local organizations.

Our Events Team is comprised of staff, volunteers and practicum students.

EVENTS ATTENDED

Diversability Fair × FernFest × Halloween Pub Crawl - Condom Crew × LGBTQ2 Youth Conference × Pride 2015 × Project Serve × United Way - Make Your Mark Rock × of the Woods × UVic "Shag You're It" Sexual Health Fair × UVic Residence Sexual Health Carnival × Sexual Health and Reproductive Health Awareness Week 2016 - Heart Your Parts × Teen Fest × Tsawout Health and Safety Fair × T'Sou-Ke Nation Health Fair × World AIDS Day - Camosun College ×

2015/2016 Program Funders



Exceptional Donors (\$500+)

Island Sexual Health is so thankful for the many donations we receive from individual community members. We would like to thank everyone that has donated to us in the last fiscal year. Special thanks go out to our Exceptional Donors, who made donations last year of over \$500. We would like to extend our deepest thanks to **Andy Mulcahy, Laurie Pederson, Kathleen Horvath, and Donna Dippie!**

Pharmaceutical & Clinical Suppliers

Amerisource Bergin (Pfizer & Wyeth) × Ansell (Lifestyles Condoms) × BC Stevens × Bayer × BTNX × Interior Business Forms × Janssen × McKesson × Maple Pharmacy × Merck × Pacific Health Care × Paladin × PCS Natural Foods × Victoria Compounding Pharmacy

Collaborative Community Partners

Boys and Girls Club × SD #61 × SD #62 × SD #63 × St. Michael's University School × Glenlyon Norfolk School × Christ Church Cathedral School × Maria Montessori Academy × Ecole Victor Brodeur × VIHA Public Health Nurses × BC Stevens × Island Health Best Babies, Best Families and Baby Talk Programs × Esquimalt Neighbourhood House × Saanich Neighbourhood House × Pinksheep Media × CDI College × Camosun College × UVic Health Services × UVic School of Social Work × UVic School of Child and Youth Care × UVic School of Nursing × Burnside Gorge Community Centre × Margaret Laurence House × Victoria Women's Transition House Society × BCCDC × YPQI × Royal Bay High School × Salvation Army × Victoria Sexual Assault Centre × Young Parent's Support Network × Single Family Resource Centre × Tsawout First Nation × Tsartlip First Nation × Esquimalt First Nation × Songhees First Nation × NIL/TU,O Child and Family Services × Jawl Properties × UBC School of Medicine × CRNBC × OPT BC × Choices Adoption × Camosun College Students' Society × Island Parent Group × Camosun College Community, Family and Child Studies × Vancouver Island Women's Clinic × The Times Colonist × The Saanich News × The Goldstream Gazette × BC Cancer Agency × Lifelabs × BC Centre for Disease Control × Victoria Gynecologists and Urologists × the Many Midwives of Victoria × Cool Aid × Youth Service Providers Network × Victoria Youth Clinic × Westshore Youth Collective × Belmont High School × Sooke Parent Education Advisory Committee × Men's Trauma Centre × Canadian Federation for Sexual Health × Society of Obstetricians & Gynecologists of Canada × AIDS Vancouver Island × Cridge Centre × VIHA STI Clinic × CML Medical Imaging × RJH Colposcopy × VIHA Medical Imaging × Walk-In & Treatment Centres of Victoria

ISH recognizes the value of collaboration and feels so privileged to work with so many amazing organizations in Victoria and the surrounding areas. You all inspire us and give us the support needed to do great work every day!

If we have missed anyone on this list, please accept our sincerest apologies.