

# ANNUAL REPORT

2016/2017  
island sexual health



island  
sexual  
health

#101-3960 Quadra Street  
Victoria, BC V8X 4A3  
(250) 592-3479  
[www.islandsexualhealth.org](http://www.islandsexualhealth.org)

# CONTENTS

|                                      |            |
|--------------------------------------|------------|
| Vision & Mission Statement           | Page 3     |
| Clinic Locations & Staff List        | Page 4     |
| President's Report                   | Page 5     |
| Executive Director's Report          | Page 6     |
| Medical Director's Report            | Page 7     |
| Financial Breakdown                  | Page 8     |
| Clinical Services                    | Page 9-10  |
| Product Sale - Frisky Business       | Page 11    |
| Volunteer Program                    | Page 12-13 |
| Community Education                  | Page 14-15 |
| Media Based Education                | Page 16    |
| Youth Committee & Practicum Students | Page 17    |
| Clinical Outreach Services           | Page 18    |
| Community Outreach                   | Page 19    |

# vision

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Island Sexual Health Society envisions a diverse community that celebrates healthy sexuality throughout life.

# mission

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Island Sexual Health Society leads in delivering exemplary sexual health services to South Vancouver Island. Through the provision of clinical care and education, we:

- ✕ empower individuals to make choices that enhance their sexual wellbeing.
- ✕ provide all inclusive services and resources that support sexual health.
- ✕ celebrate diversity of sexual expression.

Island Sexual Health Society defines sexual health as a state of physical, emotional, mental, and societal well-being related to sexuality.

# LOCATIONS

## Main Clinic

#101-3960 Quadra Street  
Victoria, BC V8X 4A3  
(250) 592-3479

## Camosun Clinic

Richmond House (Lansdowne Campus)  
Sept - April Only  
(250) 592-3449

## Royal Bay Clinic

Royal Bay Secondary  
Sept - June Only  
(250) 592-3479

## QOM QEM SLÀNI (Tsawout Clinic)

7728 Tetayut Rd.  
(250) 592-3479

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# STAFF

Bobbi Turner - **Executive Director**

Lynz Hastie - **Clinic Manager**

Heather McAdam - **Medical Care Coordinator**

Louise Gardener - **Bookkeeper**

Jennifer Gibson - **Education Coordinator**

Nick Sandor - **Educator**

Courtney Williams - **Volunteer Coordinator**

Trista Tosh - **Product Sales & Supplies Manager**

Brandy Komor - **Tsawout Clinic Assistant**

Maria Weaver/Kenny Dyas - **Camosun Clinic Assistant**

Vickie Yang/Kenny Dyas - **Royal Bay Clinic Assistant**

Jessica Gordon - **Medical Office Assistant**

Erin Hoey - **Medical Office Assistant**

Kim Harding - **Medical Office Assistant**

Sam Loppie - **Medical Office Assistant**

Sarah Vernon - **Medical Office Assistant**

Charlotte Brown - **Registered Nurse**

Tamara Barnett - **Registered Nurse**

Vanessa Bailey - **Registered Nurse**

Jessica Pope - **Registered Nurse**

Annie Lucas - **Registered Nurse**

Chelsea Walton - **Registered Nurse**

# PRESIDENT'S REPORT

## Art Celuszak

Dear ISHS volunteers, staff, physicians and lifetime members:

Slow and steady wins the race. That is the approach we are taking in order to manage our growth to meet the ever increasing demand for our services while staying financially healthy.

Community demand for our clinical and education/outreach services continues to increase. Our Maturation program is growing and we had a successful year at the new Royal Bay school.

Man Made is continuing to grow as it focuses on the underserved male identified youth group to provide support for the development of relational wellness.

We are making moves to raise our profile in our community, with such events as the very successful Sex Quiz night at the Northern Quarter last fall. Given how well this was received, we are planning more of these type of events.



The BC Gaming Branch and Island Health continue to be our major third-party funders. To add to our tools to access government funding, we recently became members of the newly formed BC Association of Community Health Centres which will give us a more powerful avenue to approach the government to increase support for health centres like us. And early contact with the new administration seems to indicate that they are favourable to community based health programs.

The Board and I thank you for your continued support and faith in Island Sexual Health. We receive constant feedback that says we provide a critical and supportive service in our community. This would not be possible without your outstanding commitment and professionalism.

Yours truly,

A handwritten signature of Art Celuszak in black ink, followed by a horizontal line.

Art Celuszak, President

# EXECUTIVE DIRECTOR'S REPORT

## Bobbi Turner

It is my sincere pleasure to write my 23rd report for the annual AGM.

Funding continues to be our central challenge as we continue to work hard at securing grants to help offset shortages. This year we saw a drop in our MSP funding for the first time in many years. This was due to the difficulty in securing physicians for our clinical work. The demand for services continues to grow but without regular physician coverage we have been unable to maintain full service clinics during all opening times. This is not a struggle we face alone as physician shortages in Greater Victoria have also impacted most Treatment Centre's and have resulted in many closures. As ISH relies so much on MSP to fund clinical programming we needed to find ways to increase clinician coverage.

This search has led to an exciting opportunity for ISH as we have recently joined CACHC Canadian Association for Community Health Centers which has also resulted in our joining the newly formed BCACHC. "The Canadian Association of Community Health Centres is the federal voice for Community Health Centres and community-oriented, people-centred primary health care across Canada.....and is the only organization dedicated exclusively to providing Community Health Centres (CHCs) across Canada with support, networking opportunities, organizational development tools, and policy and advocacy leadership focused on community-oriented primary health care and healthy public policy. CACHC's membership is achieving positive change through collective impact".



In addition to this support, Members of CACHC have access to reduced pricing and purchasing support on a wide range of supplies and services through the association's Value in Purchasing (VIP) Program - another way ISH can reduce expenses. The BCACHC, is currently working towards securing ongoing, core funding by asking the new NDP Government (based on a letter of support sent to the BCACHC by the NDP government during the election campaign) for transitional funding to help stabilize current CHCs that are struggling with fiscal issues. ISH has submitted an individual funding request to provide funding for certified RN's and related costs to support clinical care. This funding request is now in the hands of the Minister of Health, Adrian Dix and we hope to have further news early in October.

Our dedicated team at ISH continue to inspire me and I feel so lucky to have such a great crew. We were very sorry to lose our Clinical Care Coordinator, Heather McAdam on her retirement however Heather has insisted she won't have a retirement party as she is planning to come back on a casual basis soon. We are looking forward to that! A sincere welcome to Chelsea Walton who has very competently stepped into this position on a contract term basis and has proven to be invaluable already!

Respectfully,

Bobbi Turner

# MEDICAL DIRECTOR'S REPORT

Dr. Jennifer Scarth

This has been another busy year for the Society. We continue to look for ways to provide inclusive, up-to-date and timely service to our wide-range of clientele - all the while aware of the financial pressure of running a medical clinic.

I would like to formally recognize out-going Medical Director Dr Jennifer Ross for her dedicated service to ISHS over the past ten year and more. She worked tirelessly to encourage the growth and development of ISHS, through clinic work, directorship and mentorship of other physicians and physicians-in-training.

Another departure that has had a huge effect on the face of our clinic is the retirement of our nurse, Heather. Heather has spent countless hours doing client care, follow up and counselling and we will miss her calm and caring approach to clients, and staff. We wish her well as she enters her retirement and in all of her future endeavours. Chelsea has joined our staff as Director of Clinic Care in Heather's place - we welcome her and look forward to working and collaborating with her.

At a recent workshop on Gender Diversity training, I was reminded once again how caring, dedicated and diligent our front staff are about maintaining a vision of inclusive and welcoming client interaction. They are our voice and the first face of the clinic, and must be equally pleasant no matter how many questions they field and how many phone lines are ringing. I would like to recognize and appreciate their efforts.

The DAs are such an integral part of the smooth running of the clinic. The physicians would all like to recognize their work in being prompt and pleasant, and keeping the rooms ready for us - it is a highly valuable service. With regard to medical issues - we continue to see changes and improvements in IUCS as a popular form of reversible contraceptive. A new IUD called Kyleena was approved this spring, and is a physically smaller device with a lower dose of hormone than Mirena, with five-year effectiveness. We are continuing to work on improving accessibility to timely IUCS insertion, which of course depends on having enough physicians to insert them and an efficient pre-insertion protocol. We will have a standards meeting in early October to further discuss this issue, amongst others.

The EMR is still waiting in the wings - we did switch over to printing requisitions and prescriptions from the EMR in the last year or so, but there is so much potential yet to tap. We have several templates for medical records ready to go, thanks to our Clinic Manager's hard work, and would like to start using them in the next few weeks. Stay tuned!

Thank you for the opportunity to work with all of you - I feel lucky to be involved with the ISHS.

- Dr. Jennifer Scarth

## BOARD OF DIRECTORS - 2016/2017

### VOTING

Art Celuszak  
Devon Black  
Delaney Walls

Laura Taylor  
Eric Berndt  
Jodi Mann

### NON VOTING

Jennifer Scarth  
Bobbi Turner

# FINANCIAL BREAKDOWN

## Island Sexual Health Comparative Revenue and Expense Fiscal 2016/2017 and 2015/2016

### REVENUE

|  | 2016/17          | 2017 %<br>of total | 2015/16          | Change           |
|--|------------------|--------------------|------------------|------------------|
| <b>Revenues</b>                          |                  |                    |                  |                  |
| Medical Services Plan billed             | 803,268          | 51%                | 856,970          | (53,702)         |
| Contraceptive sales                      | 283,845          | 18%                | 352,372          | (68,527)         |
| Client annual fees                       | 87,199           | 6%                 | 94,624           | (7,425)          |
| Gaming grant                             | 95,000           | 6%                 | 100,000          | (5,000)          |
| VIHA grant                               | 130,973          | 8%                 | 127,741          | 3,232            |
| Other grants and fees (United Way, etc.) | 111,212          | 7%                 | 63,607           | 47,605           |
| Donations and fundraising                | 28,022           | 2%                 | 79,586           | (51,564)         |
| Other (Interest, non-medical supplies)   | 24,638           | 2%                 | 21,634           | 3,004            |
|  | <u>1,564,157</u> | <u>100%</u>        | <u>1,696,534</u> | <u>(132,377)</u> |

**MSP billed** – Decreased by \$53,702 due to the lack of physician availability **Contraceptive sales** – Decreased by \$68,527 due to no longer carrying Mirena IUDs on site **Other grants** – Increased by \$47,605 **Donations and fundraising** – Decreased by \$51,564 due to a large one time donation received in 2015/2016

### EXPENSES

|                                      | 2016/17          | 2017 %<br>of total | 2015/16          | Change          |
|--------------------------------------|------------------|--------------------|------------------|-----------------|
| <b>Expenses</b>                      |                  |                    |                  |                 |
| Salaries and benefits                | 528,055          | 33%                | 537,977          | (9,922)         |
| Physician remuneration               | 508,268          | 32%                | 525,485          | (17,217)        |
| Occupancy                            | 212,113          | 13%                | 207,029          | 5,084           |
| Office expenses and medical supplies | 177,008          | 11%                | 180,784          | (3,776)         |
| Contraceptive supplies               | 128,153          | 8%                 | 196,332          | (68,179)        |
| Professional services                | 35,233           | 2%                 | 32,897           | 2,336           |
|                                      | <u>1,588,830</u> | <u>100%</u>        | <u>1,680,504</u> | <u>(91,674)</u> |
| <b>Net Income (Loss)</b>             | <u>(24,673)</u>  | <u>0%</u>          | <u>16,030</u>    | <u>(40,703)</u> |

**Salaries and benefits** – Decreased by \$9,922 due to maternity leave and staffing changes  
**Physician remuneration** – Decreased by \$17,217 **Contraceptive Supplies** – Decreased by \$68,179 (as noted above)

# MEDICAL CLINIC

## MSP BILLING PROFILE

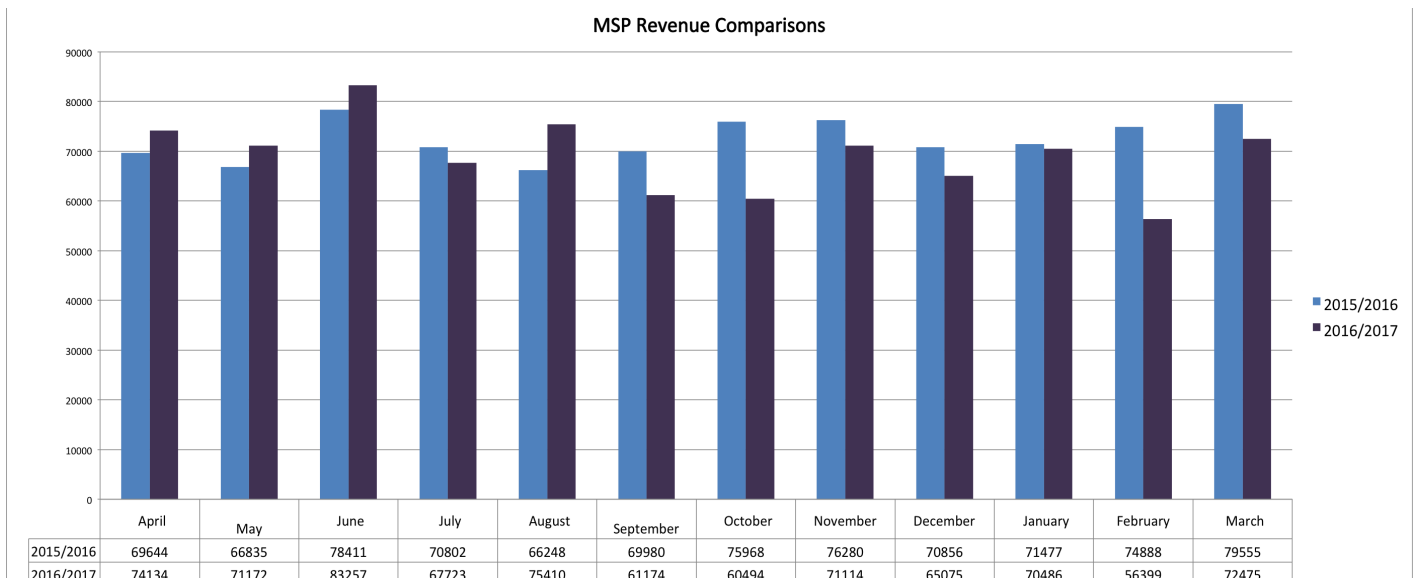
Island Sexual Health contracts with General Practice (GP) physicians to provide office space and support services for their practice. The GPs services are billed to the Provincial Medical Services Plan (MSP). The fee schedule for a GP is based on a practice that sees a wide range of patients. Some patients will require more resources allocated to their care, some will require less. The fee is effectively an average cost of care for an average GP patient. The fee schedule does not contemplate a streaming of patients who self-identify with a particular medical problem to a particular GP or group of GPs.

| MSP Code                 | 2015/2016     |                  | 2016/2017     |                  |
|--------------------------|---------------|------------------|---------------|------------------|
|                          | Number        | Revenue          | Number        | Revenue          |
| Consult (0100)           | 17,427        | \$538,843        | 17,450        | \$534,668        |
| Counselling visit (1020) | 1,177         | \$538,843        | 746           | \$40,135         |
| IUD insertion (14540)    | 1,003         | \$84,533         | 953           | \$80,319         |
| Pap (14560)              | 4,756         | \$97,783         | 3,146         | \$64,682         |
| Private pay              | -             | \$21,952         | -             | \$23,602         |
| HPV                      | 1,175         | \$23,970         | 1,217         | \$24,827         |
| <b>TOTAL</b>             | <b>25,538</b> | <b>\$830,404</b> | <b>23,512</b> | <b>\$768,232</b> |

Island Sexual Health continues to have an MSP profile which is heavily weighted to office visits and PAP tests. Compared to the last fiscal, MSP related revenue has decreased by \$42,031.

## MSP BILLING PROFILE - VISUALS

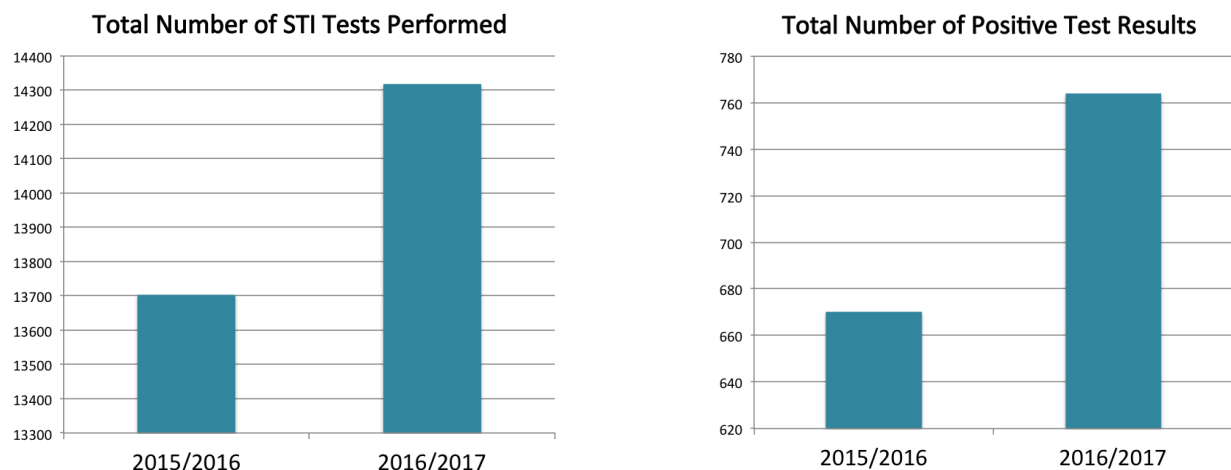
MSP Revenue Comparisons



Comparison of monthly MSP revenue in 2015/2016 (blue) versus in 2016/2017 (purple).

# SEXUALLY TRANSMITTED INFECTIONS

This year, Island Sexual Health performed a total of 14,318 STI tests (+615 from last fiscal year). ISH obtained a total of 764 positive test results (+94 from last fiscal year). These data are represented graphically below:



Below is a table showing the number of STI tests performed (divided test type). For each test type, the number of positive test results obtained is listed. This table compares the data from this fiscal year to last.

Note: ISH also performed a total of 1,217 HPV treatments in 2016/2017 (not shown on in figures).

| TYPE OF TEST | 2015/2016             |                 | 2016/2017             |                 |
|--------------|-----------------------|-----------------|-----------------------|-----------------|
|              | Total Tests Performed | Postive Results | Total Tests Performed | Postive Results |
| HIV          | 2747                  | 1               | 2688                  | 1               |
| HEP C        | 2181                  | 5               | 1540                  | 6               |
| Chlamydia    | not documented        | 383             | not documented        | 491             |
| Gonorrhea    | not documented        | 48              | not documented        | 70              |
| Trich        | not documented        | 17              | not documented        | 11              |
| HSV 1        | not documented        | 131             | not documented        | 98              |
| HSV 2        | not documented        | 69              | not documented        | 74              |
| Syphilis     | not documented        | 16              | not documented        | 13              |

## CERVICAL CANCER SCREENING PAP TESTS

Accessing cervical cancer screening continues to be a challenge in Greater Victoria. While changes to the guidelines surrounding PAP testing has reduced the number of tests being performed, ISH continues to be one of the few places clients can access screening if they do not have a family medical doctor. Past surveys estimate that as many as 55% of our clients do not have a family doctors and are unable to access cervical cancer screening outside of our clinic. In ISH diagnosed 306 abnormal pap test results (554 diagnosed in 2015/2016).

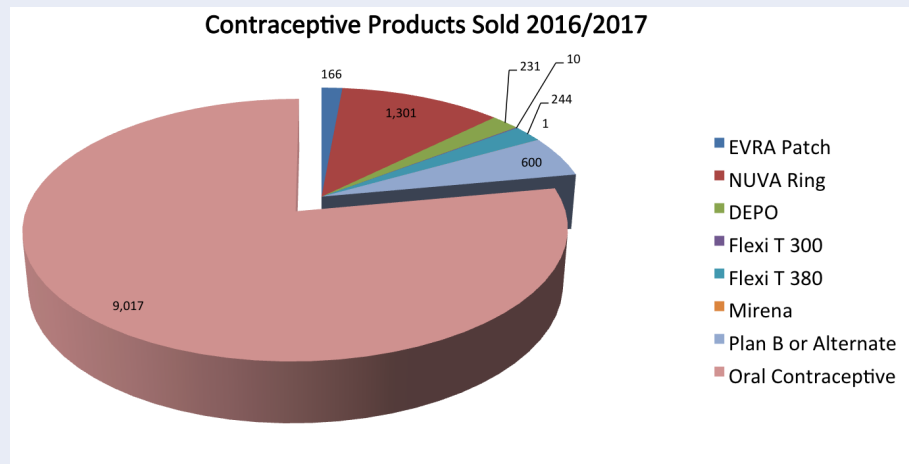
# PRODUCT SALES

## CONTRACEPTIVE SALES

Island Sexual Health sells contraceptive products at a competitive price. All retail profit is reinvested in primary health care.

### Contraceptive Products Sold at Island Sexual Health 2016/2017

| TYPE               | UNITS SOLD |
|--------------------|------------|
| EVRA Patch         | 166        |
| NUVA Ring          | 1,301      |
| DEPO               | 231        |
| Flexi T 300        | 10         |
| Flexi T 380        | 244        |
| Mirena             | 1          |
| Plan B/Alternate   | 600        |
| Oral Contraceptive | 9,017      |



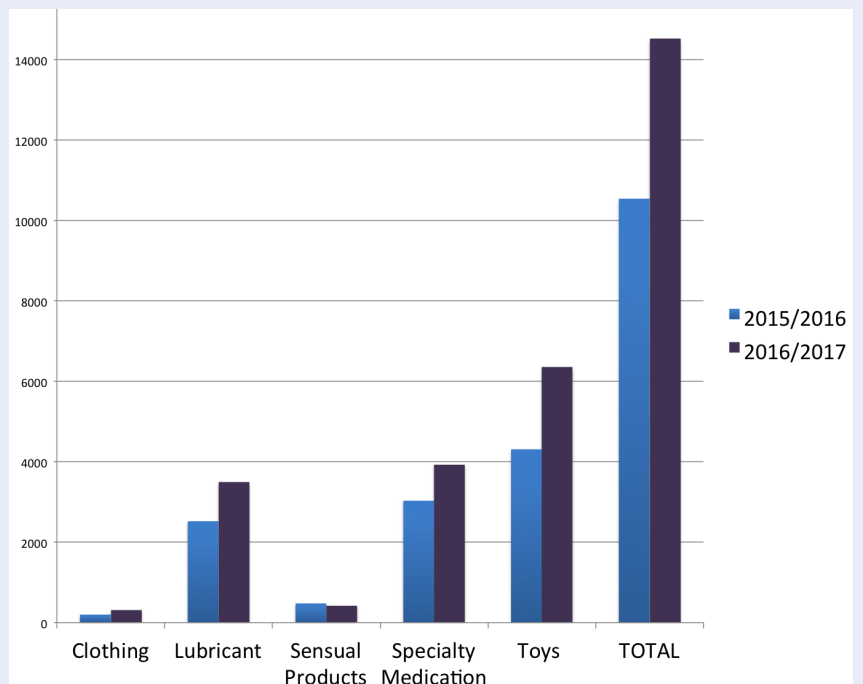
## FRISKY BUSINESS

We have seen a 38% increase in sales for Frisky Business. We see great potential in this social enterprise as an avenue to increase revenue and meet client needs for speciality products. The store offers a wide variety of items including lubricants, specialty condoms, vibrators, anal toys, masturbation sleeves, massage bars, orals dams, Diva Cups, Boric Acid, and Canesten/Diflucan. The graph below illustrates the revenue generated per inventory item (+ total revenue) in this fiscal year versus last.

### Frisky Business



| Inventory Item       | Revenue Generated |
|----------------------|-------------------|
| Clothing             | \$318             |
| Lubricant            | \$3,489           |
| Sensual Products     | \$416             |
| Specialty Medication | \$3,934           |
| Toys                 | \$6,361           |
| <b>Total</b>         | <b>\$14,518</b>   |



# VOLUNTEER PROGRAM

Island Sexual Health has approximately 50 volunteers actively volunteering, and we are excited to be welcoming 15 new volunteers in October 2017. Volunteers work anywhere from several hours per week to several hours per month. All potential volunteers must go through an application process that includes the completion of an application, provision of two references, a copy of a criminal record check, an interview with the volunteer coordinator and attendance at a volunteer orientation session. Volunteers must be 18 years and older, except those participating in our Youth Committee.

The amount of time each volunteer contributes varies, but the collaboration and team spirit is evident in everyone. Many of our clients remark that because of a positive first impression from a volunteer, they want to become involved with the society. The doctor's assistants and birth control educators are one of the first point of contact for clients, and our volunteers take on this role of representing the society with enthusiasm and professionalism.

We would also like to welcome our new **Volunteer Coordinator Samantha Loppie (BA, MA)**: "As the new acting Volunteer Coordinator stepping into this role has been a fantastic learning experience. I have enjoyed getting to know the unique personalities of our dedicated volunteers and strive to support them, as they support our clients and doctors. The new volunteers joining our team all show a passion of sexual health and a level of professionalism that reflects our clinics philosophy."

## COURTNEY WILLIAMS, BSW

Volunteer Coordinator

### DOCTOR'S ASSISTANT

The DA assists the physician with pelvic/pap/STI exams and other procedures. Their main role is to:

- Call the client into the exam room.
- Provide support for the client during examinations should they desire it.
- Label swabs, paps, and any other samples and requisitions during the exam, and assist the physician as needed.
- Clean and sanitize the exam room after each patient.
- Re-stock the exam room with supplies as needed.

Doctors Assistants are scheduled during all clinical hours and the general practice is to have two DAs on for 2-3 physicians.

### BIRTH CONTROL EDUCATOR

Educators work one-on-one with clients and their support persons. Educators perform the following functions during each 30-45 minute session:

- Take a social history from clients
- Provide information on birth control methods of interest to clients
- Demonstrate correct condom usage and discuss STI protection with clients.
- Acquaint client with ISH services, policies and philosophies.

A volunteer must have been with ISH for a minimum of 20 DA shifts in order to apply for this position and acceptance is not guaranteed. Training for this requires two 3 hour sessions and one 6 hour session with our Education Coordinator, followed by 3 shadow shifts with an existing educator.

# DONNA DIPPIE AWARD

## FOR VOLUNTEER EXCELLENCE

Every year we see volunteers come and go and we are very grateful to every single one of them that donates their time to Island Sexual Health. We would like to recognize all our wonderful volunteers for their fabulous work! We are pleased to award the **Donna Dippie Award for Volunteer Excellence** for its third year.

[No Photo Available]

This honour has been created to acknowledge the unparalleled volunteer dedication of Donna Dippie who has been with us since our conception. Each year it will be awarded to one of our outstanding volunteers and their name will be engraved on the plaque, which will be hung in our education room. This year we would like to present this award to **Jade Neilson**. Jade has been volunteering with ISH since Nov 2016 and in her time has shown immense dedication to her roles as both a Doctor's Assistant and a Birth Control Educator. Thank you Jade for all your hard work, positive energy, and invaluable contributions.

## CURRENT VOLUNTEERS

|                            |                               |                           |                          |
|----------------------------|-------------------------------|---------------------------|--------------------------|
| Abbey Eurchuk (DA)         | Emily McKenzie (DA)           | Kelsey Amos (DA)          | Rachel Brown (DA)        |
| Alex Schafter (BCE)        | Erin Robinson (DA)            | Landa Mark (DA)           | Rachel Newby (DA)        |
| Alexandra McKinnon (DA)    | Hannah van Mook (DA)          | Laura Taylor (BCE)        | Radhika Bandla (DA)      |
| Anna Hoskins (DA)          | Isailah Johnson-Ferguson (DA) | Lesley McNeely (DA)       | Rebecca Tran (DA)        |
| Anna Socha (DA)            | Jaclyn Bayles (DA)            | Lily Shields (DA)         | Rhonda Jones (DA)        |
| Ariana Sholinder (DA)      | Jade Neilson (DA)             | Lindsay Smith (DA)        | Rhea Siu (DA)            |
| Arielle Agar (DA)          | Janice Woo (DA)               | Lorin Jones (DA)          | Riley Bowen (DA)         |
| Aviva Cipilinski (DA)      | Jekayna Van Dyke (DA)         | Madi Innes (BCE)          | Rowan Hebert (BCE)       |
| Celine Kehoe-Doehring (DA) | Jennifer Marr (DA)            | Malcolm Lord (DA)         | Sally Eldridge (DA)      |
| Chanelle Ram (DA)          | Jenny Francoeur (DA)          | Maria Weaver (BCE/DA)     | Samantha Tomilin (DA)    |
| Charlie White (DA)         | Jessica Alkana (DA)           | Marina Parvanova (DA)     | Sandra Kolesniak (DA)    |
| Charolette Czerwinski (DA) | Jessica Round (DA)            | Maya Saxby-Jones (DA)     | Shannon Naysmith (DA)    |
| Christine Chiu (DA)        | Jessy Sidhu (DA)              | Megan Karpenko (DA)       | Stephanie Liffering (DA) |
| Cynthia Chao (BCE)         | Jocelyn Albion (DA)           | Meriah Drabkin (DA)       | Tiana Broen (DA)         |
| Dakotah Hastie (DA)        | Jordon Stariha (DA)           | Michaela Smith (DA)       | Tyler Jensen (DA)        |
| David Henrich (DA)         | Juliana Cooper (DA)           | Michaela Walker (DA)      | Vanessa Barr (DA)        |
| Dayna Fitzgerald (DA)      | Kari Duerksen (DA)            | Musa Niwa-Heinen (BCE/DA) | Vicky Yang (BCE)         |
| Donna Dippie (BCE)         | Karyn Fulcher (DA)            | Nicole Falck (DA)         |                          |
| Elizabeth Hein (DA)        | Karyn Haag (BCE/DA)           | Nicole Murray (DA)        |                          |
| Ella Aitken (BCE)          | Katherine May (BCE)           | Nicole Vishevsky (DA)     |                          |
| Emily Friedrich (DA)       | Katherine Bilan (BCE/DA)      | Olivia Kaehn (DA)         |                          |
| Emily Hein (DA)            | Katie Neale (DA)              | Page Murphy (DA)          |                          |
| Emily Lerhe (DA)           | Katie Schmid (SA)             | Peter Socha (DA)          |                          |

# COMMUNITY BASED EDUCATION

## COMMUNITY EDUCATION WORKSHOPS

2016/2017 was another exceptional year for community education services. Our education program facilitated workshops for **14,082** participants in **534** workshops. That's an increase of 652 workshop participants and 29 more workshops than 2015/2016.

The addition of Nick Sandor to our education program meant that we were able to continue the delivery of maturation teaching (grades 4 and 5) in many of the elementary schools in SD 61 and 62 as well add the awesome Man Made programming to our educational workshop offering.

Thanks to continued funding from **United Way** for our **Breaking Down Barriers program**, ISH was able to partner with the Local Action Team in SD#62 to co-develop, coordinate, and facilitate a 4 session Youth Sexual Health Ambassador (SHA) program for 22 participants from 4 high schools. The training offered SHA participants to further their knowledge about gender, positive sexuality, communication skills and sexual health. The training involved several community partners such as Ambit Consulting, Bailey Counselling and Need 2. We continued our relationships with community organizations such as Island Health's Best Babies and Families Programs, Esquimalt Neighbourhood House, Saanich Neighbourhood House, Boys and Girls Club, and Young Parents Support Network.

The majority of workshops happened within school districts 61, 62, and 63 and independent schools with community agency based workshops making up the balance. Demand continued for parent education in local community agencies, pre-schools, elementary, middle schools and high schools. We continue to be called upon as sexual health resources for local, provincial and national media including Island Parent, CBC Radio, and Radio Canada.

**JENNIFER GIBSON, MA**  
Education Coordinator





Nick Sandor, Man Made developer and facilitator reflects on the idea that “we often tell boys and men not to be that guy, but fail to have a conversation that supports healthy and fulfilling alternatives.” Man Made aims to do just that, by facilitating interactive and supportive workshops with male-identified youth (ages 13-19) in our schools and community. The program explores self-expression and relationship violence through empathy building, validation, and support. As one participant reports: “the program made it comfortable/ okay to talk about all these things in an environment where we don’t always get the chance to.” This aligns with our goal to have those tough conversations around relationships and the pressures to conform to certain types of identities, helping people to feel supported and confident as both the people they are and the people they want to become.

**What happened last fiscal year:** In 2016-2017 Man Made pilot projects were facilitated to over 300 male -identified youth in our community. We completed a total of 52 workshops during the pilot phase. The following is a list of the schools and community groups that were included in various Man Made pilot projects: Threshold Housing (Mitchell House), Parkland Secondary School, Claremont Secondary School, Belmont Secondary School, Victoria High School, Victoria West Elementary, Stelly’s Secondary School, Gulf Island Secondary School Wellness Summit, and Men’scapes Men’s Health Conference.

**Future Projects:** Many of the schools and community services that participated in the pilot project have expressed interested in continuing programming for the 2017-2018 year based on follow up conversations. We are also currently negotiating additional contracts for programming starting in September 2017 with: Beacon Community Services (Hope House- Youth Recovery Program), Monterey Middle School and St. Michael’s University School.



**NICK SANDOR, BSW**  
Education, Events & Program Development

# MEDIA BASED EDUCATION

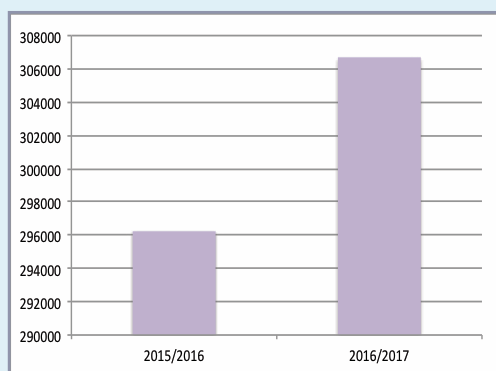
## BEYOND THE TALK TEXTING LINE

Our confidential texting line **(250) 812-9374** continues to be well utilized as an outreach tool. Texts are answered by our education team **Monday-Friday from 3-5pm**. Texts received outside these times receive an auto-response with the beyond the talk website ([beyondthetalk.ca](http://beyondthetalk.ca)), the BC nurses line and a reminder of when they can expect a response.

In past years, most of the texts received were a single question and answer exchange but this past year we noticed an emerging trend where users have asked questions over several interactions of varying timeframes. This indicates that we have become a trusted resource as different needs emerge. The number of text interactions vary on average from **2-25/day for a total of 3674**. The line continues to be used as a follow up tool to education sessions and it is busiest during the school year. This year we have also experienced our clients using it as an outreach tool about correct contraception usage, clinic locations and appointment booking



## ISLANDSEXUALHEALTH.ORG



**306,677** unique visitors in 2016/2017 (compared to 296,271 in 2015/2016). That's an average of **841** visitors a day.

### Top 5 Visited Pages

- |                         |                    |
|-------------------------|--------------------|
| 1 - Locations and Hours | 2 - Comparing IUDs |
| 3 - Birth Control Pills | 4 - Appointments   |
| 5 - Sexual Health FAQs  |                    |

## BEYONDTHETALK.CA

**41,423** unique visitors in 2016/2017. That's an average of **113** visitors a day.

### Top 5 Visited Pages

- 1 - Birth Control
- 2 - How To Talk To An Adult
- 3 - Going To A Doctor
- 4 - STI Testing
- 5 - Get Connected Poster



# YOUTH COMMITTEE

The **Youth of Island Sexual Health (YISH)** is a **youth-designed, youth-managed, and youth-implemented group of 15 to 25 year olds**. Its creation stems from the belief that youth are the educators and leaders of tomorrow, and that in order for them to feel empowered there needs spaces where their passions and opinions can be openly discussed. YISH also gives them a sense of responsibility as any project they want to run has to be implemented by the committee members themselves. The committee provides a safe, welcoming community for youth to connect with other people their age so that they can collaborate on projects and share ideas on health and wellness. YISH also gives feedback and offers direction in relatable areas throughout our organization. They make recommendations surrounding new and existing initiatives and discuss sexual health issues in the community and beyond.

**YISH is currently undergoing a reconfiguration and revitalization for the 2017/2018 year ahead.** Due to accessibility issues and busy timetables, it has proven difficult in the past to bring youth together in a centralized place to meet, leading to low attendance rates. This year, YISH is trying to connect to pre-existing groups of youth that ISH has already built relationships with, such as students in SD62, youth accessing the Peninsula Health Clinic or the satellite office on WSANEC territory, or Camosun students at Landsdowne where another satellite office exists. September has been filled with meetings between the YISH coordinator, Vanessa, and other community partners as well as interested new youth wanting to join the committee. These meetings have had the purpose of developing and deepening relationships in order to build rapport and consistency, and to get a strong understanding of what issues youth are needing and wanting to address in their communities. A \$500 grant was approved in the spring of 2017, but was not accessed due to the poetry event being cancelled due to a lack of artist submissions, so the grant money will hopefully be used to support future projects for YISH in the upcoming year. From conversations with new YISH members, it sounds like most of them are wanting to meet at least monthly to attend events where either they are being challenged to learn more about an issue (e.g. LGBTQ2S issues, patriarchal norms, birth control accessibility in newcomer and refugee populations) or where the committee members themselves are teaching student, parents, and the public about healthy living and harm reduction. Stay tuned for an exciting year ahead!

# PRACTICUM STUDENTS

Island Sexual Health has offers placements for practicum students from a wide range of programs including Social Work, Child and Youth Care, Nursing and more! We offer both clinical and project based practicums.

## 2016/2017 Practicum Students

### **Michelle Camillieri**

**(School of Public Health and Social Policy,  
Univeristy of Toronto)**

Research project that evaluated and assessed client feedback of the clinical service delivery.

### **Stefanie Machado**

**(Health Promotion, Dalhousie University)**

Supported Nick Sandor in the development of Man Made Jr curriculum. Involved in Reproductive Health and Awareness week and grant writing.

### **Karyn Haag**

**(Social Work, University of Victoria)**

Resource review of LGBTQ+ health information provided by ISH. Organized and ran an "All Bodies" clinic at ISH for Trans clients.

### **Catherine Landells**

**(FLEX program, UBC Medical School)**

Research into the effectiveness of pre-insertion IUD information session at ISH

### **Kaden Pringle**

**(Child and Youth Care, University of Victoria)**

Supported ISH at community events. Designed Canada 150 Pride condom packages.

### **Laura Johnson**

**(FLEX program, UBC Medical School)**

Researched the link between PAP testing and STI screening to assess possible effect of changes in the PAP testing guidelines.

### **Maria Weaver**

**(Service Canada Student)**

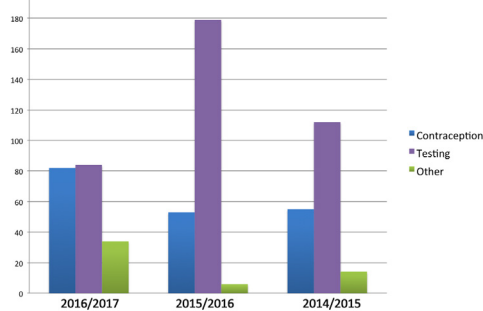
Coordinated and attended community events, such as musical festivals and Pride. Developed and distributed promotional material.

# CLINICAL OUTREACH SERVICES

## Tsawout - Qom Qem Slàni

We have continued to strengthen our community ties at the Tsawout Health Centre. Our weekly drop-in clinics (Wednesdays 5-8pm) have proved to be an informal gathering place for women of all ages (although the clinics is open to all genders). The informal sharing always facilitates conversations around health and provides opportunities to learn from each other. The clinic welcomes all members of the Saanich First Nation communities. Another vital aspect of making community connections involves our continued attendance at community events such as arts and crafts fairs, community dinners, Elder's Luncheons, health fairs, and the Gal's Youth group.

Charlotte (RN) provides contraception, STI testing, cervical cancer screening and/or general sexual health information. Brandy provides a warm welcome during clinic hours, attends local events, and works with community members to coordinate clinic events. We



## Camosun

The Camosun Clinic was run by Jessica Pope (RN), Maria Weaver, and Kenny Dyas.

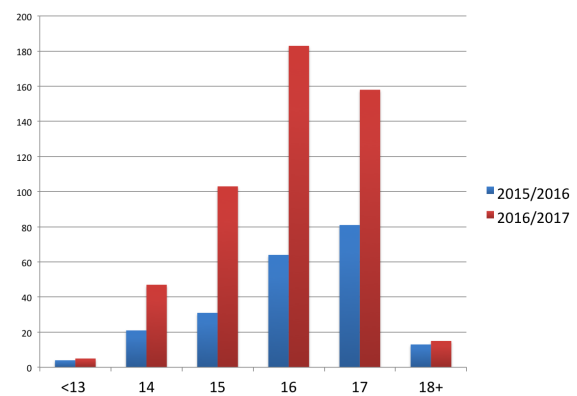
This year, we saw a total of **191 clients**.

The graph to the left shows the number of clients seen each fiscal year divided into reason for appointment. The most common reason for visit was Testing (purple), followed by Contraception (blue), then other (green).

## Royal Bay

This year, our clinic was run by Dr. Tracy Tresoor, Vickie Yang, and Kenny Dyas. We saw a total of **511 clients** (+297 from last year). The most common reason for visit was Contraception, followed by Education, then Pregnancy Testing. Pictured to the left is a graph showing the age distribution of clients seen at Royal Bay. The graph represents "Number of Clients Seen" vs. "Age", with 16 being the most common age seen. The 2015/2016 year is colored blue, and this fiscal year is colored red.

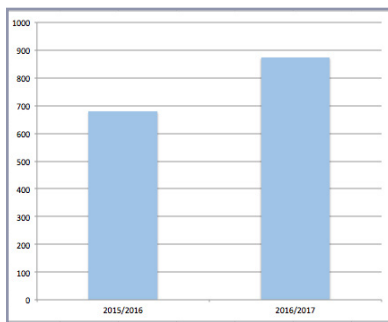
Note that this upcoming fiscal year we do not have formal funding secured yet for the Royal Bay clinic, so it will be staffed a few hours each week by our Quadra Clinic RN, Chelsea Walton, and Medical Office Assistant, Kate Turner. This is hopefully only temporary as we look to secure ongoing funding with the support of the school district.



# COMMUNITY OUTREACH

## SOCIAL MEDIA

### Facebook Follower Count



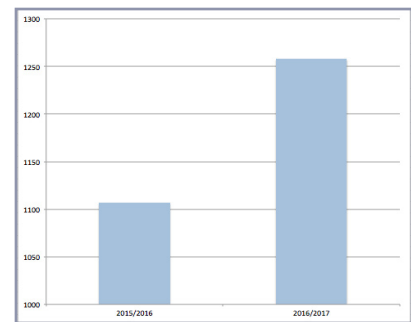
Our Facebook follower count has increased from 680 to 875 (195) over the last fiscal year.

### Instagram Follower Count



We started our instagram account this year and our follower count has grown from 0 to 397.

### Twitter Follower Count



Our Twitter follower count has increased from 1107 to 1258 (+151) over the last fiscal year.



## COMMUNITY EVENTS

We have continued to strengthen our involvement with our community through attendance at events in Victoria and the surrounding areas. Island Sexual Health attends a diverse assortment of events ranging from public health fairs to music festivals. Our outreach efforts help us to promote our services, distribute accurate, unbiased sexual health information, and provide people of all ages, genders, identities and abilities with free safer sex supplies. Community events are also a great place for us to connect with other local organizations. Our Events Team is comprised of staff, volunteers and practicum students.

## EVENTS ATTENDED

FrenchFest ✕ FernFest ✕ Tall Tree Festival ✕ Pride Parade and Festival ✕ Sunfest ✕ Rifflandia ✕ Rock of the Woods ✕ University of Victoria Welcome Week ✕ Camfest ✕ Songhees Health Fair ✕ Queerposium ✕ Sexual and Reproductive Health Awareness Week (Heart Your Parts) ✕ University of Victoria Volunteer Fair ✕ Camosun Volunteer Fair ✕ Beecher Bay Indigenous Health Fair ✕ LGBTQ2 Youth Conference ✕ Vining Street Party on the Plaza

## 2015/2016 Program Funders



## Exceptional Donors (\$500+)

Island Sexual Health is so thankful for the many donations we receive from individual community members. We would like to thank everyone that has donated to us in the last fiscal year. Special thanks go out to our Exceptional Donors, who made donations last year of over \$500. We would like to extend our deepest thanks to **Kathleen Horvath, Mel McDonald, Andy Mulcahy, Donna Dippie and the staff of The Foxy Box!**

## Collaborative Community Partners

Boys and Girls Club × SD #61 × SD #62 × SD #63 × St. Michael's University School × Glenlyon Norfolk School × Christ Church Cathedral School × Maria Montessori Academy × Ecole Victor Brodeur × VIHA Public Health Nurses × BC Stevens × Island Health Best Babies, Best Families and Baby Talk Programs × Esquimalt Neighbourhood House × Saanich Neighbourhood House × Pinksheep Media × CDI College × Camosun College × UVic Health Services × UVic School of Social Work × UVic School of Child and Youth Care × UVic School of Nursing × Burnside Gorge Community Centre × Margaret Laurence House × Victoria Women's Transition House Society × BCCDC × YPQI × Royal Bay High School × Salvation Army × Victoria Sexual Assault Centre × Young Parent's Support Network × Single Family Resource Centre × Tsawout First Nation × Tsartlip First Nation × Esquimalt First Nation × Songhees First Nation × NIL/TU,O Child and Family Services × Jawl Properties × UBC School of Medicine × CRNBC × OPT BC × Choices Adoption × Camosun College Students' Society × Island Parent Group × Camosun College Community, Family and Child Studies × Vancouver Island Women's Clinic × The Times Colonist × The Saanich News × The Goldstream Gazette × BC Cancer Agency × Lifelabs × BC Centre for Disease Control × Victoria Gynecologists and Urologists × the Many Midwives of Victoria × Cool Aid × Youth Service Providers Network × Victoria Youth Clinic × Westshore Youth Collective × Belmont High School × Sooke Parent Education Advisory Committee × Men's Trauma Centre × Canadian Federation for Sexual Health × Society of Obstetricians & Gynecologists of Canada × AIDS Vancouver Island × Cridge Centre × VIHA STI Clinic × CML Medical Imaging × RJH Colposcopy × VIHA Medical Imaging × Walk-In & Treatment Centres of Victoria

Island Sexual Health Society supports autonomous decision making related to the health and wellness of our clients. We provide community care from an inclusive, sex positive, and body positive approach which may or may not be representative of the expressed views of sponsors and other community partnerships.

**If we have missed anyone on this list, please accept our sincerest apologies.**