

ANNUAL REPORT

2017/2018
island sexual health



island
sexual
health

#101-3960 Quadra Street
Victoria, BC V8X 4A3
(250) 592-3479
www.islandsexualhealth.org

CONTENTS

Vision & Mission Statement	Page 3
Clinic Locations & Staff List	Page 4
President's Report	Page 5
Executive Director's Report	Page 6
Medical Director's Report	Page 7
Financial Breakdown	Page 8
Clinical Services	Page 9-10
Product Sale - Frisky Business	Page 11
Volunteer Program	Page 12-13
Volunteer Awards	Page 14-15
Community Education	Page 16-17
Media Based Education	Page 18
Youth Committee & Practicum Students	Page 19
Clinical Outreach Services	Page 20
Community Outreach	Page 21

vision

Island Sexual Health Society envisions a diverse community that celebrates healthy sexuality throughout life.

mission

Island Sexual Health Society leads in delivering exemplary sexual health services to South Vancouver Island. Through the provision of clinical care and education, we:

- ✕ empower individuals to make choices that enhance their sexual wellbeing.
- ✕ provide all inclusive services and resources that support sexual health.
- ✕ celebrate diversity of sexual expression.

Island Sexual Health Society defines sexual health as a state of physical, emotional, mental, and societal well-being related to sexuality.

LOCATIONS

Main Clinic

#101-3960 Quadra Street
Victoria, BC V8X 4A3
(250) 592-3479

Camosun Clinic

Richmond House (Lansdowne Campus)
Sept - April Only
(250) 592-3449

Royal Bay Clinic

Royal Bay Secondary
Sept - June Only
(250) 592-3479

QOM QEM SLÀNI (Tsawout Clinic)

7728 Tetayut Rd.
(250) 592-3479

STAFF

Bobbi Turner - **Executive Director**

Lynz Hastie - **Clinic Manager**

Chelsea Walton - **Medical Care Coordinator**

Marlene Mathews - **Bookkeeper**

Jennifer Gibson - **Education Coordinator**

Nick Sandor - **Educator**

Samantha Loppie - **Volunteer Coordinator**

Sarah Vernon - **Administrative Coordinator**

Kenny Dyas/Trista Tosh - **Product Sales & Supplies Manager**

Kate Turner - **Royal Bay Clinic Assistant**

Kate Turner - **Camosun Clinic Assistant**

Brandy Komor - **Tsawout Clinic Assistant**

Erin Hoey - **Medical Office Assistant**

Kim Harding - **Medical Office Assistant**

Charlotte Brown - **Registered Nurse**

Tamara Barnett - **Registered Nurse**

Vanessa Bailey - **Registered Nurse**

Jessica Pope - **Registered Nurse**

Annie Lucas - **Registered Nurse**

PRESIDENT'S REPORT

Art Celuszak

Dear ISHS volunteers, staff, physicians and lifetime members:

How do we best sum up this year? External factors continue to have an ever more important impact on the success of our operations, both positive and negative.

On the positive side, with the change in government and the establishment of the BCACHC, our relationship with Island Health and the Ministry of Health have indeed become “Health-ier”. We are benefitting from an increase in support and collaboration and continue to work at strengthening our relationship with them.

That, however, is countered, like every other clinic in the country, by the severe shortage of physicians while community demand for our services continues to increase. This shortage is having a negative impact on our ability to provide our services, and the subsequent MSP revenue that is associated with them which is a critical source of our operating support. On the positive side, we are exploring telehealth as a delivery option in order to alleviate the impact and hope to have this up and running in the fall.

For various reasons beyond our control, sales of our contraceptive products also are dropping.

Again on the positive, our Education program continues to be a success story, seeing high demand for our school programs and our community workshops.

As well, our Man Made program is very well regarded in our community and continues to grow our support for male-identified youth in our community.

Our operations are dependant on and we are ever grateful for the continuing support from all of our donors, namely BC Gaming Direct Access, United Way, Victoria Foundation, and our many other organizational and private donors.

Going forward, we will continue to explore avenues to increase our ability to provide the important services and support to our community that is a fundamental part of our mission, in a manner that is sustainable and expandable.

The Board and I thank you for your continued commitment to Island Sexual Health so that we can continue to “lead in delivering exemplary sexual health services to South Vancouver Island”. This would not be possible without your outstanding commitment and professionalism.

Yours truly,



Art Celuszak, President



EXECUTIVE DIRECTOR'S REPORT

Bobbi Turner

It is with pleasure I submit my 24th AGM report to the board mem-

2017/18 has carried forth many of the challenges we have faced over the years. Most specifically has been the impact of fewer physicians available to pick up shifts during the year. While not an, out of the ordinary problem, it has been especially impactful with the loss of several of our regular physicians to locations outside Victoria. Given that the organization relies so heavily on MSP earnings, a good deal of thought has gone into exploring creative ways to keep programs alive and running. This current fiscal opens up with a number of changes in progress which should help to alleviate this ongoing issue.

Our role as a new provincial community health centre has, on the other hand, strengthened our position as an important community based program and has linked us with other BC programs facing many of the same issues. As they say, there is strength in numbers.

Currently I am sitting on the Board of B.C. Association of Community Health Centres (BCACHC) and am part of a concerted effort to effect change in not only Greater Victoria, but the province as a whole. Funding that we have received through the BCACHC (via the Ministry of Health) has given us the opportunity to strengthen our clinician pool by adding a 1FTE nursing position. While this does not help our financial bottom line, it certainly adds to our service delivery as a way to continue to meet client needs. In addition there may be an opportunity for further funding that would also support overhead costs. It's a good move for ISH and a step in the right direction for supporting ongoing clinical care.

Additional support has also come from Island Health and we have been most fortunate to have allies that have really made efforts to address our specific needs. Changes to our Clinic Care Coordinator position has resulted in this role becoming an Island Health paid employee without any impact to our autonomy as a community led health centre. With this we still retain the same level of annual funding which translates to an additional 80,000 per year in overall funding.

ISH has always had an extremely dedicated staff and I rely on their expertise to support our many programs. Recent additions of gender affirming care and upcoming PrEP is a result of this. As an organization we continue to champion the needs of our clientele. Our physician pool demonstrates a strong commitment to this organization and our clientele, often going above and beyond in the delivery of exemplary services. We often receive feedback from clients indicating that they have had a really positive experience at our clinic, specifically identifying our knowledgeable and friendly staff and clinicians. Our volunteers and board members continue to dedicate their time and energy to ISH and we are forever grateful to that dedication and commitment. Their role is an integral part of our team.

Respectfully,

Bobbi Turner



MEDICAL DIRECTOR'S REPORT

Dr. Jennifer Scarth

“Our services are private, non-judgemental and supportive, for everyone, all the time.”

Our website has this ‘front page’ promise, and it is one which we all take very seriously, and which takes a lot of coordinated effort and teamwork to deliver. Everyone on our team works hard on these goals – and it is reflected not only in the way our patients are treated, on the phone and in person, but also in the way we treat one another. One of our newer physicians commented to me that she notices such a great team ‘vibe’ at our clinic. I’d like to take this chance to thank everyone on the ISHS team – front staff, nurses, DAs and physicians - for working toward this common goal, all the while checking in with each other and offering encouragement.

We have been fortunate to be able to expand both the team and the role of nurses at the clinic in the past year. The nursing role continues to include triaging laboratory results, counselling patients and dispensing medication. Chelsea, Kim, Vanessa, Charlotte and Diana have had an expanding amount of clinical time to provide care for patients and to coordinate specialized care in areas such as Gender Affirming Care and, in the near future, Pre-exposure prophylaxis for HIV infection prevention.

Our biggest structural change in the past year has been the final switch (leap??) to the electronic medical record (EMR) system. It has been a really great example of how important it is to support one another, as we worked through the challenge of going live and full time with EMR. It has required learning for everyone in the office. We are now about four months in to this system, and I know that there are still frustrations, but there has also been a lot of progress. We’re not paperless, (don’t talk to me about printers!!) but we are getting smoother in terms of function every day.

I look forward to the coming year, with the projects and clinical work, and to continuing to work as part of such a great team.

BOARD OF DIRECTORS - 2017/2018

VOTING

Art Celuszak
Devon Black
Delaney Walls

Laura Taylor

Jodi Mann
Susana Guardado
Britt Marie Phaneuf

NON VOTING

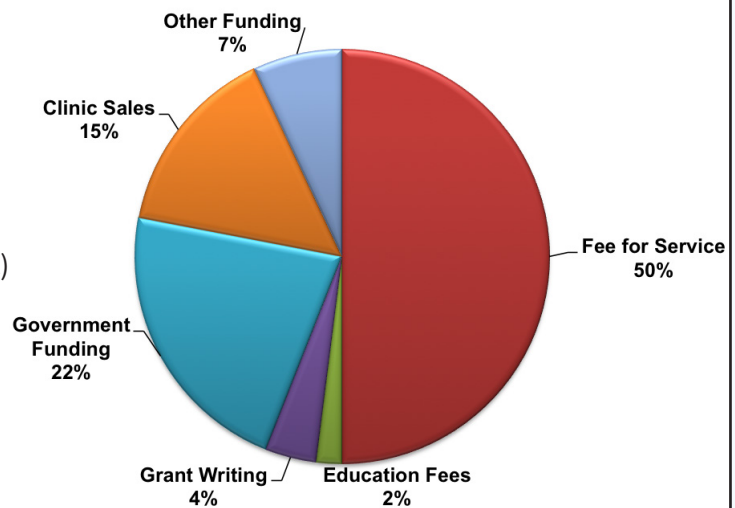
Jennifer Scarth
Bobbi Turner

FINANCIAL BREAKDOWN

Island Sexual Health Revenue and Expense Fiscal 2017/2018

REVENUE

Fee for Service:	\$768,242 (-\$35,026 from 2016/2017)
Education Fees:	\$26,135 (not listed in 2016/2017 report)
Grant Writing:	\$66,551 (not listed in 2016/2017 report)
Government Funding:	\$329,250 (not listed in 2016/2017 report)
Clinic Sales:	\$230,862 (-\$52,983 from 2016/2017)
Other:	\$103,647 (+\$79,009 from 2016/2017)
TOTAL	\$1,524,687 (-\$39,470 from 2016/2017)



EXPENSES

Expenses	2017/2018	2018% of total	2016/2017	Change
Salaries and Benefits	\$504,367	34%	\$528,055	-\$23,688
Physician Remuneration	\$485,587	33%	\$508,268	-\$22,681
Occupancy	\$209,598	14%	\$212,113	-\$2,515
Office Expenses and Medical Supplies and Misc	\$158,602	11%	\$177,008	-\$18,406
Contraceptive Supplies	\$102,746	7%	\$128,153	-\$25,407
Professional Services	\$32,740	1%	\$35,233	-\$2,493
	\$1,493,640	100%	\$1,588,830	-\$95,190

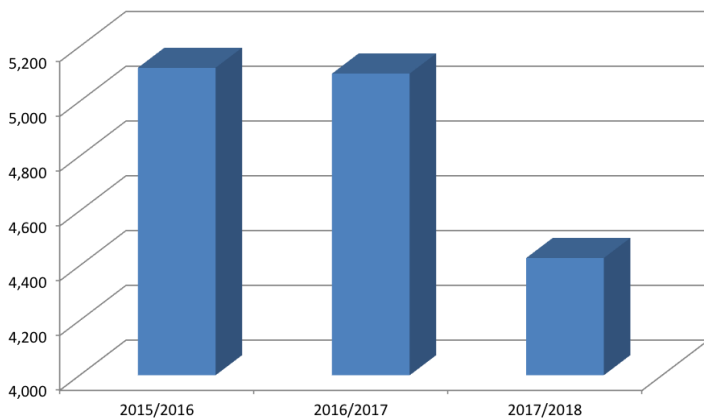
Salaries and benefits – Decreased by \$23,688 due to maternity leave and staffing changes
Physician remuneration – Decreased by \$22,681 **Contraceptive Supplies** – Decreased by \$25,407

MEDICAL CLINIC

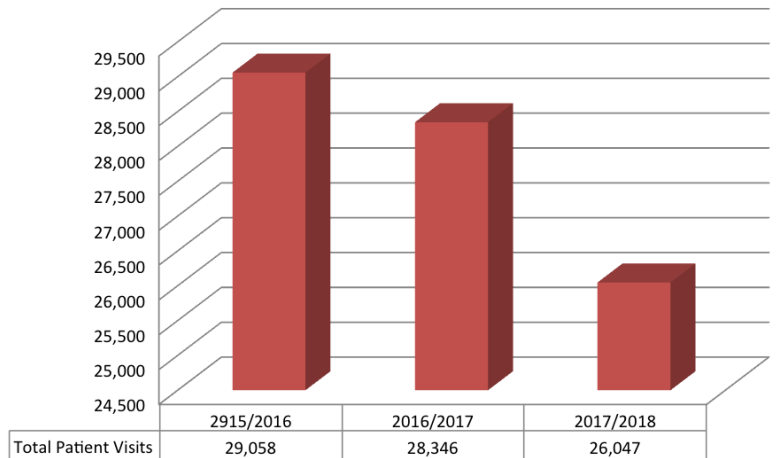
MSP BILLING PROFILE

MSP revenue continues to be challenged with the difficulty in finding physicians. We are so grateful to those physicians who continue to support our services as we know how much in demand they are in our community. With this struggle we recognize the need to be creative in exploring new options moving forward and look forward into investigating opportunities around telehealth.

PHYSICIAN HOURS

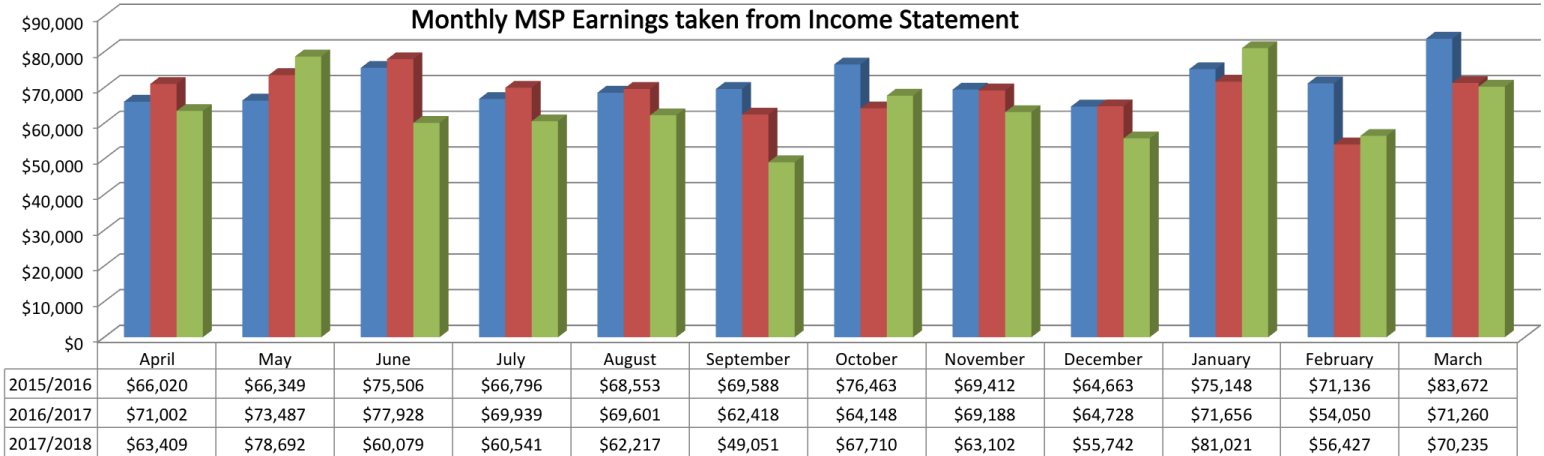


TOTAL PATIENT VISITS



MSP BILLING PROFILE - VISUALS

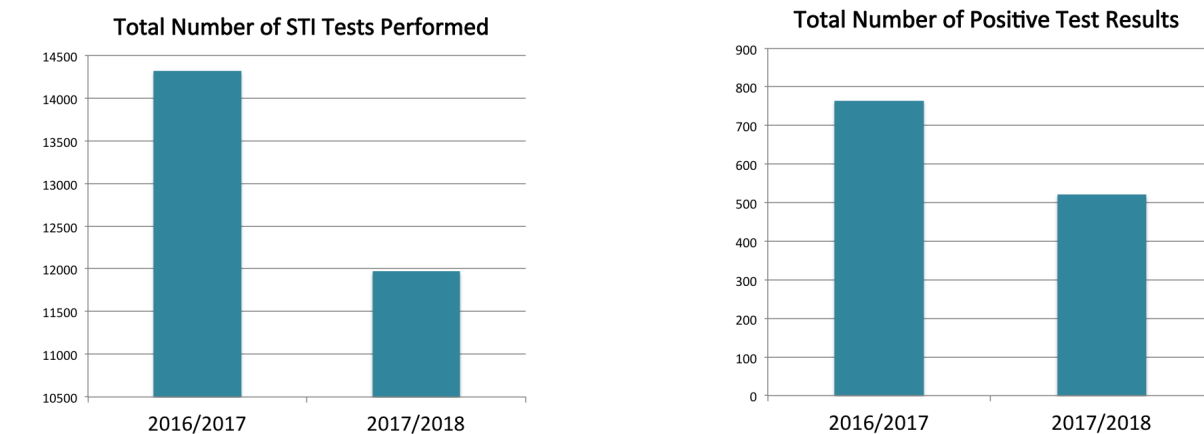
Monthly MSP Earnings taken from Income Statement



Comparison of monthly MSP revenue in 2015/2016 (blue) versus in 2016/2017 (red) versus in 2017/2018 (green).

SEXUALLY TRANSMITTED INFECTIONS

This year, Island Sexual Health performed a total of 11,970 STI tests (-2,348 from last fiscal year). ISH obtained a total of 522 positive test results (-242 from last fiscal year). These data are represented graphically below:



Below is a table showing the number of STI tests performed (divided test type). For each test type, the number of positive test results obtained is listed. This table compares the data from this fiscal year to last.

Note: ISH also performed a total of 1,217 HPV treatments in 2016/2017 (not shown on in figures).

TYPE OF TEST	2016/2017		2017/2018	
	Total Tests Performed	Postive Results	Total Tests Performed	Postive Results
HIV	2688	1	2789	2
HEP C	1540	6	969	4
Chlamydia	<i>not documented</i>	491	<i>not documented</i>	316
Gonorrhea	<i>not documented</i>	70	<i>not documented</i>	11
Trich	<i>not documented</i>	11	<i>not documented</i>	10
HSV 1	<i>not documented</i>	98	<i>not documented</i>	99
HSV 2	<i>not documented</i>	74	<i>not documented</i>	65
Syphilis	<i>not documented</i>	13	2969	15
Total STI Testing Performed	14,318		11,970	

CERVICAL CANCER SCREENING PAP TESTS

Accessing cervical cancer screening continues to be a challenge in Greater Victoria. While changes to the guidelines surrounding PAP testing has reduced the number of tests being performed ISH continues to be one of the few places clients can access screening if they do not have a FMD. Past surveys estimate that as close as 55% of our clients do not have a family doctor and are unable to access pap screening outside of our clinic. In 2017/2018, we saw a decline in testing due mainly to the drop, in physician hours. During this current fiscal year we expect to see an increase in stats with the addition of another FTE nursing position.

PRODUCT SALES

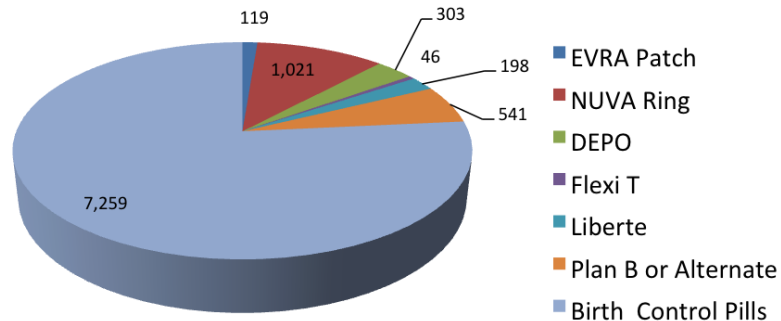
CONTRACEPTIVE SALES

Island Sexual Health sells contraceptive products at a competitive price. All retail profit is reinvested in primary health care.

Contraceptive Products Sold at Island Sexual Health 2017/2018

TYPE	UNITS SOLD
EVRA Patch	119
NUVA Ring	1,021
DEPO	303
Flexi T	46
Liberte	198
Plan B/Alternate	541
Oral Contraceptive	7,259

Contraceptive Products Sold 2017/2018



This fiscal year we saw a decrease in products sold due to a decrease in client numbers. This was due to reduced physician hours.

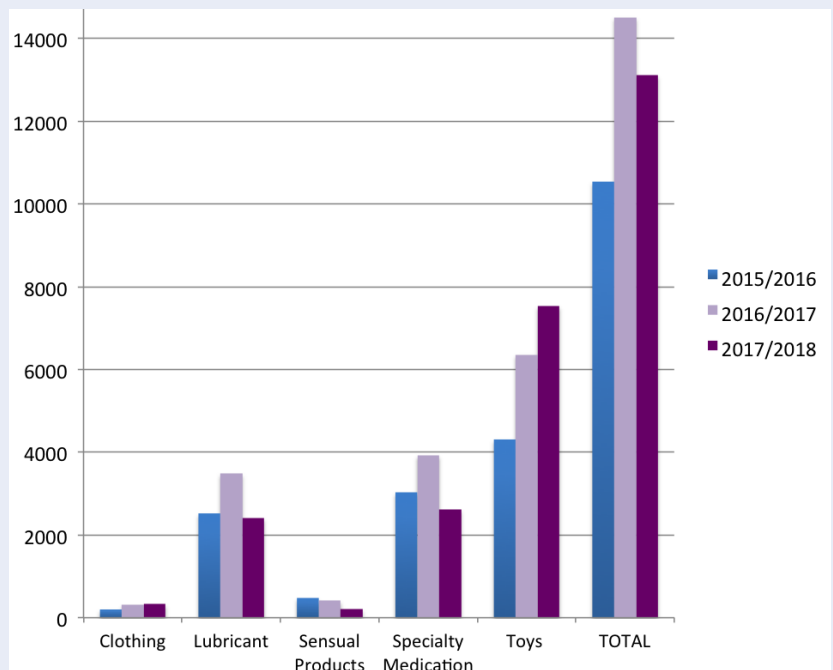
FRISKY BUSINESS

We have seen a 9.6% decrease in sales for Frisky Business. This is a result of decreased store traffic, due to reduced physician hours. We see great potential in this social enterprise as an avenue to increase revenue and meet client needs for speciality products. The store offers a wide variety of items including lubricants, specialty condoms, vibrators, anal toys, masturbation sleeves, massage bars, orals dams, Diva Cups, Boric Acid, and Canesten/Diflucan. The graph below illustrates the revenue generated per inventory item in the last few fiscal years.

Frisky Business



Inventory Item	Revenue Generated
Clothing	\$327
Lubricant	\$2,416
Sensual Products	\$212
Specialty Medication	\$2,622
Toys	\$7,541
Total	\$13,118



VOLUNTEER PROGRAM

Island Sexual Health has approximately **60 active volunteers** working at the Quadra Street Clinic; with new application for volunteer positions being dropped off every week. Volunteers can work anywhere from multiple shifts per week to a few per month; committing to at least one year volunteering with the clinic. All potential volunteers complete an application process that includes a written application, provision of two references, a copy of a criminal record check, an interview with the volunteer coordinator and attendance at a volunteer orientation session. Volunteers must be 18 years and older, except those participating in our Youth Committee.

The amount of time each volunteer contributes varies, but the collaboration and team spirit is evident in everyone. Many of our clients remark that because of a positive first impression from a volunteer, they want to become involved with the society. The doctor's assistants and birth control educators are one of the first point of contact for clients, and our volunteers take on this role of representing the society with enthusiasm and professionalism.

Samantha Loppie, MA

Volunteer Coordinator

DOCTOR'S ASSISTANT

The DA assists the physician with pelvic/pap/STI exams and other procedures. Their main role is to:

- Call the client into the exam room.
- Provide support for the client during examinations should they desire it.
- Label swabs, paps, and any other samples and requisitions during the exam, and assist the physician as needed.
- Clean and sanitize the exam room after each patient.
- Re-stock the exam room with supplies as needed.

Doctors Assistants are scheduled during all clinical hours and the general practice is to have two DAs on for 2-3 physicians.

BIRTH CONTROL EDUCATOR

Educators work one-on-one with clients and their support persons. Educators perform the following functions during each 45-minute session:

- Take a social history from clients
- Provide information on birth control methods of interest to clients
- Demonstrate correct condom usage and discuss STI protection with clients.
- Acquaint client with ISH services, policies and philosophies.

A volunteer must have been with ISH for a minimum of 30 DA shifts in order to apply for this position and acceptance is not guaranteed. Training for this requires two 3 hour sessions and one 6 hour session with our Education Coordinator, followed by 3 shadow shifts with an existing educator.

CURRENT VOLUNTEERS

Abbey Eurchuk (DA/ BCE)	Emily Friedrich (DA)	BCE)	Ocean Johnston (DA)
Alexandra Malinows- ki (DA)	Emily Langmuir (DA)	Katie Neale (DA/BCE)	Olivia Anglin (DA)
Alexandra McKinnon (DA)	Emily Lerhe (DA)	Kelsey Amos (DA/ BCE)	Olivia Kaehn (DA/ BCE)
Ainslie Hughes (DA)	Erin Robinson (DA)	Kenzie Hawsworth (DA)	Peter Socha (DA)
Anna Hoskins (DA)	Isabella Watt (DA)	Landa Mark (DA)	Radhika (Rae) Bandla (DA)
Anna Socha (DA)	Isailah Johnson-Fer- guson (DA)	Lara White (DA)	Rebecca Tran (DA)
Anabelle Ber- nard-Fournier (DA)	Jade Neilson (DA/ BCE)	Laura Taylor (BCE)	Rhea Siu (DA)
Anya Bruhn (DA)	Janice Woo (DA)	Lauren Caters (DA)	Ronza Al Sahawneh (DA)
Ariana Sholinder (DA/BCE)	Jasmine Garland (DA)	Lorin Jones (DA)	Sandra Kolesniak (DA)
Aviva Cipilinski (DA/ BCE)	Jelayna Van Dyke (DA)	Maria Weaver (BCE)	Sanjana Rawat (DA)
Celine Kehoe-Doeh- ring (DA)	Jenna MacNeily (DA)	Marina Parvanova (DA)	Shannon Naysmith (DA)
Chanelle Ram (DA)	Jennifer Marr (DA)	Mary Wood (DA)	Tyler Jensen (DA)
Charlie White (DA)	Jenny Francoeur (DA)	Megan Karpenko (DA)	
David Henrich (DA)	Jessica Alkana (DA)	Meriah Drabkin (DA)	
Dayna Fitzgerald (DA)	Jessica Round (DA)	Michaela Smith (DA)	
Delaney Anderson (DA)	Jessie McCully (DA)	Michaela Walker (DA)	
Elizabeth Hein (DA)	Jessy Sidhu (DA)	Miriam Lank (DA)	
Ella Aitken (BCE)	Jocelyn Albion (DA)	Musa Niwa-Heinen (DA/BCE)	
	Jordan Stariha (DA)	Nicole Falck (DA)	
	Kari Duerksen (DA)	Nicole Murray (DA)	
	Karyn Fulcher (DA)	Nicole Vishnevsky (DA)	
	Karyn Haag (BCE/DA)		
	Kate May (BCE)		
	Katherine Bilan (DA/ BCE)		

DONNA DIPPPIE AWARD

FOR VOLUNTEER EXCELLENCE

Since 1969 we have been lucky enough to benefit from the creativity and commitment of volunteers. It is safe to say we have had the privilege of learning from thousands of volunteers and we are very grateful to every single one of them who donate their time and energy to Island Sexual Health. We are pleased to award one of these dedicated volunteers, each year, with the Donna Dippie Award for Volunteer Excellence.

This award, established in 2015 was created to acknowledge the unparalleled volunteer dedication of Donna Dippie, who has been with us as a volunteer and advocate for 49 years. Donna was originally trained in an entry level volunteer position to work as a clinic interviewer in 1969. Through her exemplary leadership and dedication of more than 6,000 volunteer hours, Donna progressed through her work in the clinical rotation as a doctor's assistant to birth control educator and pregnancy counsellor. In addition to her direct client care, Donna also held leadership positions on the Board of Directors and fundraising committee combining her advocacy skills and professional capacity as a social worker, with her passion for helping others. As a testament to her dedication, it was not unusual that Donna was the first to respond to a request for a last minute educator or pregnancy counsellor. On more than one occasion, Donna was known to respond to a call out mid-dinner, asking her husband Brian to put her dinner in the fridge for later. Over the years Donna witnessed many changes in society's views around sexual and reproductive health services, locally, nationally and internationally and was part of the movement in creating change towards improved access.



Each year, at our AGM, the Donna Dippie award will be awarded to one of our outstanding volunteers who demonstrates the same level of passion and commitment to the organization. This recipient will have their name inscribed on the plaque that hangs in the Education Room at our Quadra Clinic. This year we would like to present this award to **Ariana Sholinder**. Ariana has been volunteering with ISH since April 2016, and in her time has shown immense dedication to her roles as both Doctor's Assistant and Birth Control educator. Thank you Ariana for all of your hard work, positive energy and invaluable contributions.

Past Recipients: Vickie Yang (2015), Ella Aitken (2016), Jade Neilson (2017)

KIRA'S GOOD SPIRIT

LEGACY AWARD

Kira Goodwin remains a loved member of our Island Sexual Health community. Kira volunteered as a skilled and compassionate Doctor's Assistant between 2004-2006 while she completed her undergraduate at UVIC. Kira's warmth, enthusiasm, kindness, and spark for life was magnetic and inspiring. During her two years with ISH, Kira's vivacious spirit naturally created affirming spaces for our clients and made them feel cared for, valued, and comfortable. Always the first to lend a hand by taking a last minute shift, stay a little while later, or hold a client's hand a bit longer; Kira brought her love of life to every moment she so generously gave our clinic and clients. Any time spent with Kira made you feel full of life, adventure and grateful .for the good in the world.

Kira left ISH after completing her Psychology degree to continue her global adventures and nursing school and while we were sad to lose Kira's ebullience, we knew Kira had big plans for the world! Kira and her adventurous spirit, athletic abilities, thirst for cultural learning travelled far and wide as the best kind of ambassador to Canada. Kira loved her career in nursing and used her skills to serve in Neonatal Intensive Care, the Chemotherapy Clinic and the Operating Room. Kira was taken from this world by an avalanche while backcountry skiing in the west Kootenay mountains on December 31st, 2017. She was generous and kind in life and death. Although Kira could not be saved, she was an organ donor and therefore directly responsible for supporting the lives of others.

To recognize and commemorate Kira's spirit of good and her many contributions to ISH and our greater world, we have established the "Kira's Good Spirit" award which will be awarded yearly. The Legacy award recognizes a volunteer who, like Kira, combines passion for life, enthusiasm, and commitment to their work as a member of the ISH community. Nominated by a peer volunteer, the recipient will be recognized at Island Sexual Health's AGM and their name will be added to a commemorative plaque which will serve as "Kira's Good Spirit" legacy in our waiting area and an inspiration to continue living a life full of good spirit. As a tribute to Kira's inclusive spirit and being an equally valued member of the ISH community, the nominator will also receive a reminder of their recognition. Kira's Good Spirit award will be presented annually at our Annual General Meeting.

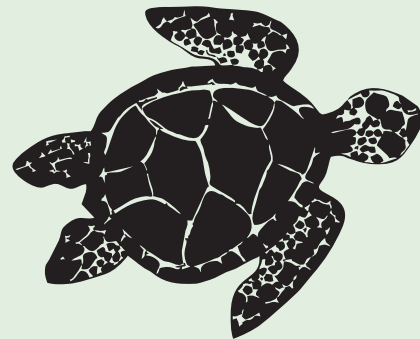
2018 RECIPIENTS:

Shannon Naysmith Recipient

Jessica Alkana Nominator

Kenzie Coatesworth Recipient

Ocean Johnston Nominator



COMMUNITY BASED EDUCATION

COMMUNITY EDUCATION WORKSHOPS

2017/2018 witnessed the most demand for Community Education Services to date. Our education program facilitated workshops for **17,023 participants** in **779 workshops** Kindergarten-Adult. That's growth of an additional 2941 more participants and 245 more workshops than the 2016/2017 fiscal year! This growth is a reflection in the increase in our educator capacity as our education team grew from 1 full time and 1 part time educator to 2 full time educators and 1 contract position. The addition of Nick Sandor to our education program meant that we were able to continue the delivery of maturation teaching (grades 4 and 5) in many of the elementary schools in SD 61 and 62 as well add the awesome Man Made programming to our educational workshop offering.

The majority of education workshop facilitation happened within the existing relationships we've established with our affiliated schools in our local school districts (61, 62, and 63) and independent schools. Last year **we worked with all middle and high school in the 3 districts with the exception of 1 middle school** which means we're able to ensure that the majority of adolescent youth in Greater Victoria are receiving a more standardized, equitable sexual health education experience and they receive similar opportunities to develop levels of health literacy and connections to community resources. Our maturation teaching was standardized through SD#61 and SD#62 with the majority of schools requesting teaching for their grade 4 and 5 classes while we intentionally were conservative in our approach to further developing relationships with SD#63 so we didn't create more demand than we were able to support. We continue to expand and redefine our relationships with these schools and educators as schools transition to integrate the sexual health learning outcomes which have been reassigned from Health and Career Education to Physical and Health Education (PHE) in our BC Education Curriculum. Most commonly requested topics include sexual decision making, consent, healthy relationships and sex safety. Time and space for anonymous questions is always included as this is, in our program's opinion, the most important portion of any of our workshops.

Continued **funding from United Way for our Breaking Down Barriers program**, enabled ISH to grow our relationships with community organizations such as **Island Health Best Babies and Families Programs, Esquimalt Neighbourhood House, Saanich Neighbourhood House, Boys and Girls Club, Young Parents Support Network, and Beacon Community Services**. This year we were able to forge new education relationships with local mental health service providers; **Ledger House** and **Seven Oaks**. We worked closely with the youth and family counsellor at Ledger house to design and deliver workshops for the youth in-patients and in-servicing for the staff who support the youth in treatment. At the Seven Oaks Mental Health Facility, we were invited to work with residents and staff to address their sexual health questions and concerns.

Demand continued for parent education in local community agencies, pre-schools, elementary, middle schools, high schools and parenting and youth conferences. We continue to be called upon as sexual health resources for local, provincial and national media. Many thanks to Nick Sandor and Michele Martin for their humour, dedication and amazing teaching skills and the rest of the ISH staff who support us and our participants. Huge Gratitude to each of the 17,023 participants who challenge us to be current, relevant and fun in all of our sessions. It is truly a privilege to be a resources for each and every one of you.

JENNIFER GIBSON, MA
Education Coordinator





'MAN MADE'

Nick Sandor, Man Made developer and facilitator, reflects on the idea that “we often tell boys and men not to be that guy, but fail to have a conversation that supports healthy and fulfilling alternatives.” Man Made aims to do just that, by facilitating interactive and supportive workshops with male-identified youth in our schools and community. The program explores masculine self-expression and addressing gender-based violence through empathy building, relationship skills, and support. As one participant reports: “the program made it comfortable/okay to talk about all these things in an environment where we don’t always get the chance to.” This aligns with our goal to have those difficult conversations around relationships and the pressure to conform to certain expressions of gender identity. We aim to support people to both foster relational accountability and participate in social change.

What happened last fiscal year: In 2017-2018 Man Made projects were facilitated with over 1500 community members up from 300 participants in 2016-2017. During the last fiscal year we collaborated with the follow schools and community organizations: Monterey Middle School, Claremont Secondary School, St. Michael's University School, Victoria High School, Victoria West Elementary, Stelly's Secondary School, Relmaging Masculinities Conference, Tapestry Conference, Saanichton Learning Centre, Broadmead Individual Learning, Craigflower Elementary School.

Future Projects: Many of the schools and community services that participated in Man Made have expressed interest in continuing programming for the 2018-2019 fiscal year based on follow up conversations from last year's programming. Man Made is excited to reach out to more community members in 2018 and 2019 through the following projects: A Man Made website to engage community online, Role modeling Masculinity workshops for supportive adults., A youth-focused 'guys' talking circle that will be held at The Foundry Victoria in early 2019, Co-authoring literature with male-identified youth on the topic of masculinity and feminist practices.



NICK SANDOR, BSW

Education, Events & Program Development

MEDIA BASED EDUCATION

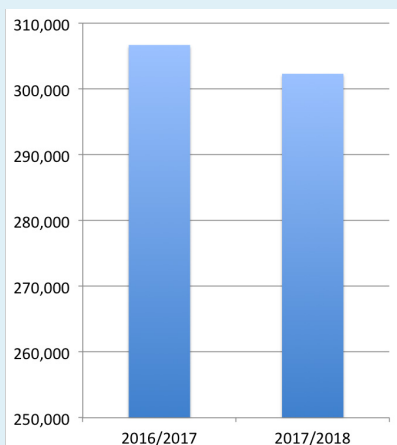
BEYOND THE TALK TEXTING LINE

Our Beyond The Talk confidential texting line **250-812-9374** continues to be a much used sexual health resource. Although texts are received 24/7; they are answered primarily between **3-5pm Monday-Friday**. Texts received outside of these times receive an automated response that advise them of when their text will be answered and also links to our website and the BC Nurses line. While we do regularly monitor the line outside of these hours, generally we only respond if it's a time sensitive question (i.e. where/how to access emergency contraception/sexual assault support resources).

The majority of messages are received in the later afternoon hours following school suggesting that it is being used as a tool for adolescents. Some users identify that we have been in their classroom and they are following up for more personal information. The line is often used by youth to access our clinical services for appointments for a number of reasons; accessibility, increased confidentiality, and follow up to a texting conversation. The number of text messages received vary from day to day. Generally, we receive between **3-28 texts daily** for a **total of 3,798 during the 2017/2018 fiscal year**. September-June tend to be the busiest months which supports the concept of the line being used as an additional support to our workshop sessions. The level of engagement also varies from a simple Q&A exchange through to those users looking for additional resources in the Greater Community. Users are quick to express their gratitude for the information and support and tell us how helpful this line is to their lives.



ISLANDSEXUALHEALTH.ORG



302,296 unique visitors in 2017/2018 (compared to 306,677 in 2016/2017). That's an average of **828** visitors a day.

Top 5 Visited Pages

- 1 - Home
- 3 - Appointments
- 5 - Comparing IUDs

- 2 - Birth Control Pills
- 4 - Location and Hours

BEYONDTHETALK.CA

44,241 unique visitors in 2017/2018. That's an average of **124** visitors a day.

Top 5 Visited Pages

- 1 - Birth Control
- 2 - Going to a Doctor
- 3 - How to Talk to an Adult
- 4 - Sex Readiness
- 5 - Consent, etc.



YOUTH COMMITTEE

The Youth of Island Sexual Health (YISH) is a youth-designed, youth-managed, and youth-implemented group of 15 to 25 year olds. Its creation stems from the belief that youth are the educators and leaders of tomorrow, and that in order for them to feel empowered there needs spaces where their passions and opinions can be openly discussed. YISH also gives them a sense of responsibility as any project they want to run has to be implemented by the committee members themselves. The committee provides a safe, welcoming community for youth to connect with other people their age so that they can collaborate on projects and share ideas on health and wellness. YISH also gives feedback and offers direction in relatable areas throughout our organization. They make recommendations surrounding new and existing initiatives and discuss sexual health issues in the community and beyond. Due to accessibility issues and busy timetables, it has proven difficult in the past years to bring youth together in a centralized place to meet, leading to low attendance rates. To overcome this, in 2017/2018 YISH was intentional about meeting out in community spaces to access community resources together, and drew strongly on pre-existing connections such as clinic volunteers and school groups. YISH meetings have had the purpose of developing and deepening relationships in order to build rapport and consistency, and to get a strong understanding of what issues youth are needing and wanting to address in their communities. In October, YISH met for group formation event using GroupWorks program cards, which is an interactive tool for starting group conversation using a deck of cards that each speak to different aspects of community building and meetings. Nick Sandor (ISHS) lead programming to the group about patriarchy, and group discussions about rape culture were had. November brought a group meeting held at the clinic that oriented towards brainstorming what each member was searching for out of their volunteer experience, and what projects could take fruition. project planning specific. The group decided that, contrary to prior years where planning led up to one major annual event, to have small activities regularly throughout the year that were mostly organized by other local organizations, and attended with other YISH members (e.g. documentary screenings, potlucks, museums, art galleries, poetry and music).

In December there was an incredibly engaging and interesting workshop on gender identity and trans health led by Kingsley from Ambit Gender Diversity Consulting. January was about attending a community event: Outlet Queer Youth Open Mic, and YISH started to include the practicum student Natalie who brought many new fresh ideas and contacts. February was another successful outing where the group met at Yates Street Legacy Art Gallery for an exhibition on trans history, and then had conversations regarding the art. During the spring, there was an attempt to recruit YISH members to attend youth theatre pieces through Intrepid Theatre, but unfortunately no members could be in attendance. Finally, June brought about Pride, which the clinic organized a celebratory parade float, and graciously invited YISH members to join! YISH thanks all of its supports for the kindness and encouragement, and looks forward to seeing what the new school year brings.



VANESSA BARR

PRACTICUM STUDENTS

Island Sexual Health has offers placements for practicum students from a wide range of programs including Social Work, Child and Youth Care, Nursing and more! We offer both clinical and project based practicums.

2016/2017 Practicum Students

Maddie Bietz

(3rd Year Social Work Student, UVic)

Maddie worked on community events including Reproductive Health and Awareness Week, Volunteer Fairs and UVIC events. Maddie participated in the delivery of the Man Made Jr program at Craigflower Elementary School and also worked on the LGBTQ needs assessment.

Anna Slobodzian

(Faculty of Kinesiology and Health Studies, University of Regina)

Participated in health fairs and observed education workshops. Anna developed an Escape room for our youth group as a way to develop team building skills. As it required a great deal more work than anticipated and while Anna had the time to test if, she was not able to fully implement it prior to completing her placement. Anna updated the Education Programs Telephone Pictionary

Hannah Daughtry

(Community, Family and Child Students Program, Camosun College)

Hannah worked as a Doctors Assistant and attended a few community events

Jade Neilson

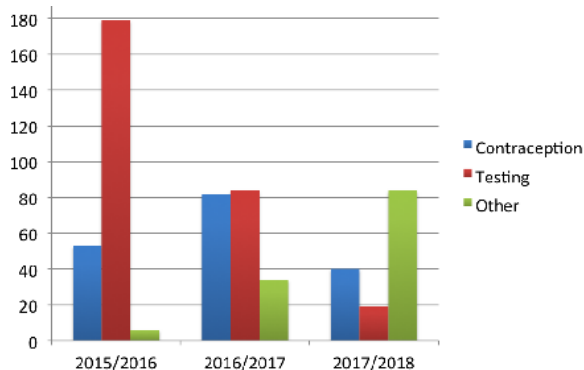
(Service Canada Student)

Organized and set up Pride week, developed a History of Sexual Health as part of Canada's 150th Anniversary and video displayed it in our waiting room for our clients. Jade developed new questions for the comprehensive youth and child trivia game, developed fundraising ideas, and updated the Get Connected Poster

CLINICAL OUTREACH SERVICES

Tsawout - Qom Qem Slàni

Our weekly drop-in clinics at Tsawout Health Centre have continued. The door is open and we welcome those that drop in on Wednesdays 5-8pm. Whilst the clinic has become a place to join together chat, and ask questions, women of all ages (although the clinics is open to all genders) can also see the nurse with questions or to access health services. The informal sharing always facilitates conversations around health and provides opportunities to learn from each other. The clinic welcomes all members of the Saanich First Nation communities. Jennifer Gibson has also come to spend time with the youth group, working with Youth-worker Dan. Charlotte (RN) provides contraception, STI testing, cervical cancer screening and/or general sexual health information. We have also strengthened our relationship with Doctor Krista to be able to see clients and offer IUD insertions in the evenings. Brandy always provides a warm welcome during clinic hours, attends local events, and works with community members to coordinate clinic events, going along to the Gals Group when possible. Our receptionist, Angelina Garcia, plays important role in the success of the Qom Qem Slàni Clinic, and has attended community health fairs representing the clinic.

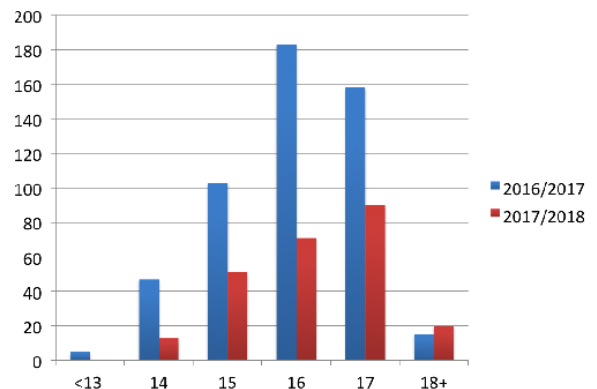


Camosun

The Camosun Clinic was run by Kim Sargent (RN), Jess Pope (RN), Charlotte Brown (RN) and Kate Turner. This year, we saw a total of **141 clients**. The graph to the left shows the number of clients seen each fiscal year divided into reason for appointment. The most common reason for visit this year was Other (green), then Contraception (blue), and then testing (red).

Royal Bay

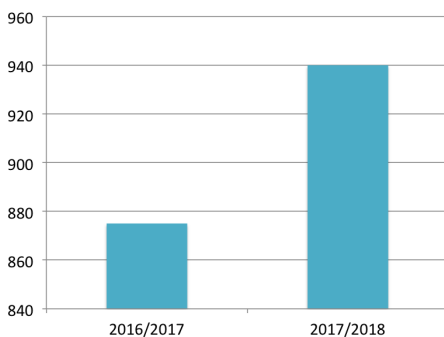
This year, our clinic was run by Chelsea Walton, RN and Kate Turner. We saw a total of **245 clients** (down 266 clients since last fiscal year). The most common reason for visit was Contraception, followed by STI screening, then Pregnancy Testing/Education. Pictured to the right is a graph showing the age distribution of clients seen at Royal Bay. The graph represents "Number of Clients Seen" vs. "Age", with 17 being the most common age seen. The 2016/2017 year is colored blue, and this fiscal year is colored red.



COMMUNITY OUTREACH

SOCIAL MEDIA

Facebook Follower Count



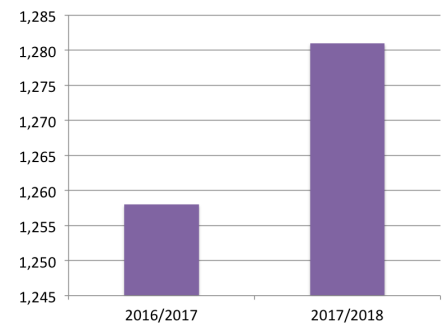
Our Facebook follower count has increased from **875** to **940** over the last fiscal year.

Instagram Follower Count



We started our instagram account this year and our follower count has grown from **397** to **548**.

Twitter Follower Count



Our Twitter follower count has increased from **1258** to **1281** over the last fiscal year.



COMMUNITY EVENTS

We have continued to strengthen our involvement with our community through attendance at events in Victoria and the surrounding areas. Island Sexual Health attends a diverse assortment of events ranging from public health fairs to music festivals. Our outreach efforts help us to promote our services, distribute accurate, unbiased sexual health information, and provide people of all ages, genders, identities and abilities with free safer sex supplies. Community events are also a great place for us to connect with other local organizations.

Our Events Team is comprised of staff, volunteers and practicum students.

EVENTS ATTENDED

FernFest × Pride Parade and Festival × University of Victoria Welcome Week × Camfest × Sexual and Reproductive Health Awareness Week (Heart Your Parts) × University of Victoria Volunteer Fair × Camosun Volunteer Fair × LGBTQ2 Youth Conference × Provincial Employees Community Services Fund Fair × Royal Roads Information Fair × Victoria Immigrant and Refugee Centre Society

2017/2018 Program Funders



Exceptional Donors (\$500+)

Island Sexual Health is so thankful for the many donations we receive from individual community members. We would like to thank everyone that has donated to us in the last fiscal year. Special thanks go out to our Exceptional Donors, who made donations last year of over \$500. We would like to extend our deepest thanks to

Kathleen Horvath, Mel McDonald, Donna Dippie, Kari MacIntyre, John Plas and the staff of The Foxy Box!

Monthly/Annual Donors

Special thanks as well to our monthly or annual donors: **Jane Ducker, Alyssa Hrenyk, Kimberly Stone, Beverly Revin, Alexandra Gross, Neil Boyle and Nicole Hamilton.**

Collaborative Community Partners

Boys and Girls Club × SD #61 × SD #62 × SD #63 × St. Michael's University School × Glenlyon Norfolk School × Christ Church Cathedral School × Maria Montessori Academy × Ecole Victor Brodeur × VIHA Public Health Nurses × BC Stevens × Island Health Best Babies, Best Families and Baby Talk Programs × Esquimalt Neighbourhood House × Saanich Neighbourhood House × Pinksheep Media × Camosun College × UVic Health Services × UVic School of Social Work × UVic School of Child and Youth Care × UVic School of Nursing × Burnside Gorge Community Centre × Margaret Laurence House × Victoria Women's Transition House Society × YPQI × Royal Bay High School × Salvation Army × Victoria Sexual Assault Centre × Young Parent's Support Network × Single Family Resource Centre × Tsawout First Nation × Tsartlip First Nation × Esquimalt First Nation × Songhees First Nation × NIL/TU,O Child and Family Services × Jawl Properties × UBC School of Medicine × CRNBC × OPT BC × Choices Adoption × Camosun College Students' Society × Island Parent Group × Camosun College Community, Family and Child Studies × Vancouver Island Women's Clinic × The Times Colonist × The Saanich News × The Goldstream Gazette × BC Cancer Agency × Lifelabs × BC Centre for Disease Control × Victoria Gynecologists and Urologists × the Many Midwives of Victoria × Cool Aid × Youth Service Providers Network × Belmont High School × Sooke Parent Education Advisory Committee × Men's Trauma Centre × Society of Obstetricians & Gynecologists of Canada × AIDS Vancouver Island × Cridge Centre × VIHA STI Clinic × CML Medical Imaging × RJH Colposcopy × VIHA Medical Imaging × Walk-In & Treatment Centres of Victoria × Action Canada × West Mont Montessori × Selkirk Montessori × Arts Calibre × Children's Health Foundation × Girl Guides × YM/YWCA × The Foundry × Saanich Peninsula Youth Clinic × Threshold Housing Society × Fernwood NRG × Phoenix Services

Island Sexual Health Society supports autonomous decision making related to the health and wellness of our clients. We provide community care from an inclusive, sex positive, and body positive approach which may or may not be representative of the expressed views of sponsors and other community partnerships.

If we have missed anyone on this list, please accept our sincerest apologies.