

**2019-2020**

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# annual report



island sexual health  
be informed, not suprised

# vision

Island Sexual Health Society envisions a diverse community that celebrates healthy sexuality throughout life.

# mission

Island Sexual Health Society leads in delivering exemplary sexual health services to South Vancouver Island. Through the provision of clinical care and education, we:

- empower individuals to make choices that enhance their sexual wellbeing.
- provide all inclusive services and resources that support sexual health.
- celebrate diversity of sexual expression.

# board of directors

## voting

Kiffer Card	Jade Neilson
Landa Fox	Laura Taylor
Leif Jensen	Delaney Walls

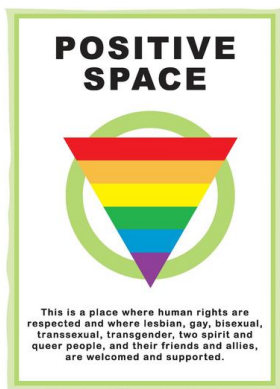
## non-voting

Jennifer Scarth
Bobbi Turner

# acknowledgements

Island Sexual Health respectfully acknowledges that our clinics are located on the unceded traditional territories of Lekwungen (Chekonein, Chilcowitch, Swengwhung, Kosampsom, Whyomilth, Teechamitsa, Kakyaakan, Songhees, Esquimalt) and W̱SÁNEĆ (STÁUTW/Tsawout, W̱JOŁEŁP/Tsartlip, BOŖEĆEN/Pauquachin, WSIŖEM/Tseycum) Peoples. Our work takes place in various places within these territories.

We humbly provide services for People from these territories as well as those who are settlers and visitors to these lands.



Graphic gratefully borrowed from  
Rainbow Health Collective

Island Sexual Health Society supports autonomous decision making related to the health and wellbeing of our clients. We provide health care and education from an inclusive, sex positive, pro-choice, affirmative, and body positive approach.

# staff

Bobbi Turner- Executive Director  
Sarah Vernon – Clinic Manager  
Chelsea Walton – Medical Care Coordinator  
Trista Knight – Product Sales Manager & Administrative Coordinator  
Catherine Kohut – Bookkeeper  
Jennifer Gibson – Education Coordinator  
Nick Sandor – Man Made Program Facilitator  
Meriah Drabkin – Educator  
Abbey Eurchuk – Educator  
Samantha Loppie – Medical Office Assistant (MOA) & Volunteer Coordinator  
Maria Weaver – Volunteer/Community Events Coordinator & MOA  
Arlene Pagunsun - Lab Tech  
Kate Turner - Royal Bay Assistant

Angelina Garcia -Tsawout Assistant  
Jenny Francoeur -MOA & Camosun Clinic Assistant  
Nicole Garagarella - MOA  
Kim Harding - MOA  
Esther Lindokken - MOA  
Shannon Naysmith - MOA  
Elyse Patricelli - MOA  
Kim Sargent – Registered Nurse  
Diana Hurschler – Registered Nurse  
Charlotte Brown - Registered Nurse  
Jess Pope- Registered Nurse  
Vanessa Bailey – Registered Nurse  
Michelle Secord – Registered Nurse  
Alysha Jones - Registered Nurse  
Meaghan Brown - Registered Nurse

# clinic locations

## Quadra Street Clinic (Main location)

#101-3960 Quadra Street  
Victoria V8X 4A3

## Camosun College Clinic

Top Floor, Richmond House  
Lansdowne Campus

## Royal Bay High School Clinic

<sup>t</sup>  
3500 Ryder Hesdejal Way  
Victoria, V8C 0J6

## QOM,QEM SLANI (Tsawout) Clinic

7778 Tetayut Drive  
Saanichton V8M 2E4

# executive director's report

## BOBBI TURNER WILLIAMS



In my 26 years on the board, 2019/2020 has been by far the most challenging and the most rewarding year with ISH. Over the last two my involvement with both the BCACHC and CACH led to discussion with the Health Authority and the Ministry of Health around the possibility of enhancing ISH to become a full-service community health center. This initiative drew from the NDP's promise, in the last election, to increase primary care to all British Columbians. Community health centres are community governed not-for-profit organizations with services tailored to meet the health needs of the community they serve. These centres focus on integrating services and programs in primary care, health promotion, and community well-being, as well as work to address social determinants of health by linking with other social sector agencies and services.

Island Sexual Health has a long history of providing excellent health care but struggled to maintain the delivery of services under the broken fee for service model. This opportunity would provide our organization with sustainable funding in addition to increase services to our community. In the Fall of 2019, a proposal was written and delivered to the Ministry of Health and after many months of work we are seeing the results. In September 2020 ISH becomes the ISH Community Health Center with additional primary care services, 905 sq. feet of new space and a compliment of 10.92 FTE additional health professionals. This will include nurse practitioners, registered nurses, general practitioners, a counsellor, and a community health worker. It is one of the first enhanced services in all of British Columbia.

The value in this not only provides for expanded clinical care, but also allows us to retain our focus on the other parts of our organization, our Education Program, and our Store services. Both programs will also see enhancements and changes to their service delivery that creates both challenges and opportunities. COVID was the additional challenge this year and all our programs have grappled with the reality around providing health care during a pandemic. COVID has impacted every part of our organization; it has taught us to be resourceful, creative, and thoughtful and it has proven that we are resilient.

I am so very grateful to all those involved with ISH and the commitment everyone has made throughout this last year and I look forward to exciting times ahead.

Respectfully Submitted,  
Bobbi Turner Williams

# president, board of directors report



## JADE NEILSON



Dear ISHS volunteers, staff, physicians, and lifetime members:

This year has been one of opportunity and change.

To sustainably offer the services we're known for and expand the breadth and reach of our programs, we've explored new and diverse funding options each year. This year, opportunity came knocking in the form of ongoing funding for clinical services, including the addition of primary care, and a one-time payment to expand the physical space we occupy and implement the new model. This funding comes from the Province through Island Health as part of the primary care strategy to invest in community health centres like ISHS.

Staff, physicians, volunteers, and the Board alike spent much of the year learning about Community Health Centres and defining the space we'd like to fill. Staff prepared a proposal to access the provincial funding with input from community partners and the help of representatives from the Ministry of Health, Island Health, the BC Association of Community Health Centres (BCACHC), and the Canadian Association of Community Health Centres. We were lucky to have Grey Showler, President of the BCACHC, join ISHS as Transition Lead to facilitate our transition. The Education programs continue to be supported by the BC Gaming Branch and a number of smaller grants. The education team delivered their programs to a growing number of participants and successfully began to transition these programs and their research online in response to the COVID-19 physical distancing orders made late in the fiscal year.

The Board and I are grateful for our members' continued support and dedication to Island Sexual Health. The opportunity to access this funding would not have been possible without the community's belief that we provide critical services in an exemplary manner, and we would not be able to do so without our passionate team.

Best,  
Jade Neilson,  
President

# medical director's report



## DR. JENNIFER SCARTH



Greetings to everyone!

As of our year end at the end of March, 2020, our clinical trends showed increasing amounts of clinical care for our patients at Island Sexual Health.

For example, STI testing increased over the year, from 13,500 tests in 2018/19 up to 15,656 in 2019/20, and Pap (cervical) screening increased from 2250 to 2600 for the same period. In terms of IUD/IUCS insertions for contraception and/or bleed control, there was an increase from 981 insertions to 1080 insertions. The pre-exposure prophylaxis for HIV (PrEP) program increased in patient numbers from 35 patients in 2018/19 to 118 patients in 2019/20. These increases are backed up by our team of clinicians, coordinated and led by Chelsea, and our staff who work hard to make our services accessible and our care inclusive and safe for all.

Then, along came COVID 19 – the early part of this new year has been challenging. I know the trends in visits and testing and care will need to be analyzed next year, but I would like to acknowledge the amazing efforts of our staff to continue to keep our goal of patient-centred, inclusive, accessible care at the forefront of our work. Appointments had to be adjusted, our care model looks a little different with the emphasis on telemedicine, but we have succeeded in maintaining access for patients, other than a brief hiatus in March while we put new systems into place. Those systems have been and will be adjusted as we go on.

It can be difficult to be calm, kind and safe, in delivering the best possible care. Thanks to all for their role and energy in navigating the obstacles, hurdles, tight turns and about-faces to date this year, and I look forward to continuing to do so with you in the coming year.

# CERVICAL SCREENING



**2,600 tests performed**

Provision of cervical screening and recommended follow-up to clients as needed. Includes repeat pap exams and referrals to the colposcopy clinic.

## STI TESTING & TREATMENT

**15,656 tests performed**

Provision of comprehensive testing and treatment for Sexually Transmitted Infections (STIs). The bulk of the testing is ordered through our Quadra Street Clinic.



## Pre-EXPOSURE PROPHYLAXIS (PrEP)



**83 clients enrolled**

Provision of a daily, provincially-funded prescription medication that can be used by HIV negative individuals to decrease risk of HIV. Access is regulated by BC Centre for Excellence and is primarily targeted to men who have sex with men. ISH has enrolled 118 clients in total since our PrEP clinic began in 2018.

## GENDER AFFIRMING CARE

**47 clients to date** (more waitlisted)

GAC encompasses medical interventions that assist trans and gender-diverse clients in achieving their gender goals.

Can include assessment and prescription for hormone therapy, surgical referrals, and referrals to other support services (counselling, advocacy, identification).



## SPECIALIST REFERRALS

**500+ active referrals** (at any given time)

Referrals to specialists and management of required follow-up. Most commonly colposcopy (more than half of our referrals, gynecology, urology, sexual medicine, dermatology, general surgery and endocrinology.



**2019/2020**

**STATISTICS**

**29,308**

**total visits**

**13,011**

**unique visits**

# CONTRACEPTION

6,942 units sold

Distribution of contraceptive supplies at lower or no cost. The declining in contraceptive sales continued in 2019/2020 with a decline of 2500 units from last year's sales of 9,442 units.

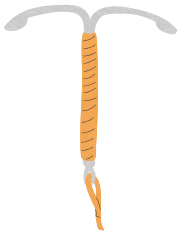


## IUD INSERTIONS

1,080 insertions

IUD insertions, removals and follow-up care.

Member of Rapid Access IUD Centres of Excellence (RAICE) - offers an expert IUD insertion team, shortened wait times and access to emergency contraception IUDS



## PREGNANCY TESTING & DECISION MAKING

2,139 tests performed

Pregnancy testing and pro-choice pregnancy options including referrals to VI Women's clinic, Victoria Fertility Clinic, and to maternity care.



## TRAINING & ENGAGEMENT OPPORTUNITIES

21 RESIDENTS      85 VOLUNTEERS      8 STUDENTS

Teaching clinic for 2nd year Medical Residents and RNs training in STI Certified Practice. Practicum placements for students in programs related to community health care, development and education. Volunteer opportunities for community members (5000+ volunteer hours yearly).



## SAFER SEX & BLEED CONTROL SUPPLIES

50,000+ safer sex supplies distributed  
3,000+ tampons/pads distributed



2019/2020

STATISTICS

29,308

total visits

13,011

unique visits

# clinical outreach services

## Qom, Qem Slani



The drop in clinics at Tsawout Health Centre have continued on a regular basis on Wednesdays between 5-8 pm. Qom, Qem Slani welcomes all community members from all of the Saanich First Nations. Angelina Garcia is the friendly clinic assistant who helps to welcome clients while our long time clinic nurse Charlotte Brown supports clients with their care needs. The clinic regularly works in collaboration with the community's Nurse Practitioner and Physician to provide extended services such as follow up primary care for clients. Angelina and Charlotte connect regularly with the variety of community groups and attend community events whenever possible. The clinic closed in mid March due to COVID response and clients were re-directed to our Quadra Street clinic for services

## Camosun College

The Camosun Clinic was run by Jess Pope, RN and clinical assistant Jenny Francoeur. This year the clinic saw a total of 131 clients. The majority of the clients accessed services for STI testing, education, contraception, and pregnancy testing. The Camosun Clinic ran on Thursday from September to March until phase 1 of COVID response redirected clients to our Quadra Street Clinic for services and supplies.

## Royal Bay

Our Royal Bay clinic was run by our clinic care coordinator, Chelsea Walton and assisted by Sam Loppie and Kate Turner. Services were provided to **124** clients. Students from any school in SD 62 were able to access services. The majority of the clients accessed services for contraception, STI testing education, and pregnancy testing.

# financial statement

## ISLAND SEXUAL HEALTH SOCIETY

### Statement of Earnings

Year Ended March 31, 2020

	2020	2019
<b>REVENUES</b>		
Client annual fees	\$ 71,985	\$ 62,650
Contraceptives	168,551	182,215
Donations and fundraising	77,691	226,735
Education fees	42,305	33,157
Gaming grant	98,000	95,000
Interest and other income	1,857	3,110
MSP billed	715,516	691,629
Non-medical sex aids	12,807	11,651
Other grants	273,949	189,946
VIHA grant	133,636	144,772
	<u>1,596,297</u>	<u>1,640,865</u>
<b>EXPENSES</b>		
Amortization	9,851	10,150
Bad debts	1,160	735
Bank charges and debit fees	13,360	13,535
Community education materials	20,172	4,468
Community educators and assistants salaries and benefits	156,676	122,645
Contraceptive supplies	73,778	117,971
Insurance	5,235	5,487
Medical and clinical supplies	47,843	54,983
Non-medical sex aids	5,575	5,758
Occupancy costs	225,167	215,673
Office expenses	92,635	71,202
Physician remuneration	514,979	458,465
Professional development	798	4,863
Professional services	65,076	46,947
Professional support and administrative staff salaries and benefits	482,070	442,596
Publicity and promotion	15,006	12,121
	<u>1,729,381</u>	<u>1,587,599</u>
<b>(DEFICIENCY) EXCESS OF REVENUES OVER EXPENSES</b>	<u>\$ (133,084)</u>	<u>\$ 53,266</u>

# education report

## JENNIFER GIBSON



2019/2020 was an extraordinary year for Community Education Services in terms of growth and development. Our education program facilitated workshops for 18,387 participants in 895 workshops[1]. The impact of COVID will be represented in the 2020/2021 numbers as we were able to complete our educational programming for this fiscal year before Spring break which occurred mid March. It is important to mention that although the move to distance based learning in phase 1 of COVID Response took place in the beginning of the next fiscal year; we prepared for the transition during this fiscal year while schools were on Spring Break. Our education team developed narrated powerpoint based workshops for schools and families to utilize in online learning. This was intended to honour the workshop commitments we had in the first quarter of the next fiscal year (April- June) and support students, families and education communities with sources of credible and localized sexual health education. We know that sexuality education is too important to not be offered even in an abbreviated capacity. While all schools communicated their gratitude and appreciation, some schools utilized our materials while others felt that sexuality education fell outside of their core focus areas during the initial response.

The majority of education workshops were facilitated within the schools in our local school districts (61, 62, and 63) and independent schools. Sexual health learning outcomes were reassigned from Health and Career Education to Physical and Health Education (PHE) in our BC Education Curriculum in 2018 which means most of the high school based classes are being facilitated within the PHE curriculum which presents more challenges in space and timing than when it is organized within other classes. Our most commonly requested topics include sexual decision making, consent, healthy relationships and sex safety. Time and space for anonymous questions are always included as the students' questions carry the most relevance and interest for their learning. We continued to attend conferences as presenters including the VI Parent Conference and the YWCA Power to Be a Girl conferences.

Continued funding from United Way for our Breaking Down Barriers program, enabled ISH to grow our relationships with community organizations such as Saanich Peninsula Youth Clinic, Island Health Best Babies and Families Programs, Esquimalt Neighbourhood House, Saanich Neighbourhood House, YWCA Young Moms programs, and Young Parents Support Network.

Demand continued for parent education in local community agencies, pre-schools, elementary, middle schools, high schools and conferences. We continue to be called upon as sexual health resources for local, provincial and national media. Jennifer began to write more consistently for Island Parent magazine on topics connected to healthy and positive sexual development in children and youth.

[1]

These statistics only reflect programming through our community education services programming as facilitated by myself and our other incredibly talented educators; Nick Sandor, Meriah Drabkin (Spring 2019) and Abbey Eurchuk (Fall 2019-Spring 2020). They do not include our specialized programming sessions under the Man Made banner. Please see Nick Sandor's Man Made write up for additional statistics and info.

# education report cont'd



In addition to sustaining our existing local education relationships, we were able to continue our global relationship with Interpares in Ottawa and Likhaan Centre for Women's Health in Manila, Philippines. In a partnership with Global Affairs Canada as part of the global commitment to women's health, Jennifer travelled to Manila where she was hosted by Likhaan for a 7 day tour where she exchanged knowledge with community members, community mobilizers, teachers, and government officials in several formal and informal events that focused on comprehensive sexual health education as CSHE is being formally introduced through public schools and the Department of Education in 2019/2020. Informal learning included visits to community where Jennifer worked with the incredibly skilled local health mobilizers who provide sexual health education in a variety of settings including community gatherings such as lunches, home visits, and clinics. In the formal sessions, Jennifer worked with teachers, human rights activists, NGO leaders, parents, and other community leaders to plan, develop and practice effective sexual health education methods around topics such as healthy relationships, consent, and sexual decision making. Both formal sessions were incredibly well attended and the participants demonstrated an incredible appetite for education opportunities and passion for improving their students' knowledge of sexuality in a positive way that will help to decrease the negative outcomes such as the significant burden of unintended pregnancy in youth that the country is experiencing. We are incredibly grateful to Likhaan for hosting Jennifer and Interpares for sponsoring this visit. Despite incredible challenges to service delivery (age restricted access to contraceptive services, abortion ban, poverty and marginalization, limited sexual health education, etc.) Likhaan work creatively and unapologetically to deliver services to the women and youth in many communities in Manila. As evidence of a truly universal experience, Jennifer brought her experiences and knowledge back to work with Filipino youth in local high schools as a way to offer specialized education.



# education report cont'd



We were also fortunate to continue our relationship the incredible PHD applied theatre student (now fully PHD qualified) Leah Tidey, research associates Alexandra Haupt, and Jordan Monks, Target Theatre Society members, and a variety of community members including (the 2018 Donna Dippie award recipient, Mary Gidney!) this year to consult and develop a play and workshop on aging and sexuality called, “You’re Doing What? At Your Age!” for seniors. The play was funded through Island Health’s Community Wellness Grant program was well received by audiences at the Yakimovich Wellness centre and Monterey Seniors Centre.

Our Beyond The Talk confidential texting line **250-812-9374** continues to be a well used sexual health resource. Although texts are received 24/7; they are answered primarily between 3-5pm Monday-Friday. Texts received outside of these times receive an automated response that advise them of when their text will be answered and also links to our website and the BC Nurses line. While we do regularly monitor the line outside of these hours, generally we only respond if it’s a time sensitive question (ie where/how to access emergency contraception). The majority of messages are received in the later afternoon/evening hours following school hours suggest that it is being used as a tool for classroom teaching follow up which is what was originally intended for. Some users identify that we have been in their classroom and they are following up for more personal information. The number of text messages received vary from day to day. Generally, we receive between 2-15 texts daily for a total of 4,052 during the 2019/2020 fiscal year. Although September-June tend to be the busiest months which supports the concept of the line being used as an additional support to our workshop sessions, this year we did see an increase in questions from our clinical client base. We know this because they self-identified themselves as clients who required additional information. These type of texts are often clarifying texts (ie IUD follow-up or appointment detail based). While we do not track phone numbers for confidentiality reasons; we can see previous interactions when we respond to a text. The year ahead promises to be full of challenges as we navigate our responses to learning during a pandemic; I am hopeful that our swift reaction and provision of online learning materials to support classrooms will be well utilized and our plan for a virtual learning station will also be an asset.

While we sadly bid farewell to our maturation educator, Meriah Drabkin who left us to attend medical school, we were equally as fortunate to have a long term volunteer, Abbey Eurchuk join us as the new maturation educator. Our maturation program continues to be incredibly well utilized due in large part to the compassionate, kind and skilled facilitation style our educators utilize.

It continues to be an absolute privilege to be responsible for sexual health education development and delivery on Southern Vancouver Island. I would like to personally recognize our amazing team of educators, past and present, who I believe do an exceptional job in not only role-modelling sex positivity but also foster the acceptance, curiosity and fun of sexuality education through their dedication, abilities and skills. Thank you Nick, Meriah, and Abbey for everything you have given to our participants – it definitely does not go unnoticed nor unappreciated!

Respectfully Submitted,  
Jennifer Gibson, MA  
Coordinator of Community Education Services.

# specialized education report



## NICK SANDOR



### What is Man Made?

Nick Sandor, Man Made developer and facilitator, reflects on the idea that “we often tell boys and men not to be that guy, but fail to have a conversation that supports healthy and fulfilling alternatives.” Man Made aims to do just that, by facilitating interactive and supportive workshops with male-identified youth in our schools and in our community. The program explores masculine self-expression and addresses gender-based violence through empathic practices, relationship skills, and building supportive communities. As one participant reports: “the program made it comfortable/okay to talk about all these things in an environment where we don’t always get the chance to.” This aligns with our goal to have those difficult conversations around relationships and the pressure to conform to problematic and restrictive expressions of masculinity. Our goal is to address gender-based violence through conversations that support a different way of doing masculinity.

### Updates

In 2019-2020 various Man Made projects were completed with over 1893 community members, which is a slight decrease from the 2018-2019 fiscal year. However, we did complete more workshops this fiscal year with an increase from 88 to 109 workshops. These differences are representative of the fact that we were commonly asked to do talking circles more often than workshops which tend to take place in smaller groups. We have achieved both being able to maintain ongoing relationships with previous partnerships, and connect with new community partners. In 2018-2019 we worked with: Claremont Secondary School, Victoria High School, Victoria West Elementary, Victoria Women’s Transition House, Stelly’s Secondary School, Quadra Elementary, S.J.Willis Alternative School, John Stubbs Memorial School, Shoreline Middle School, Oak Bay High School, Glenlyon Norfolk School, AIDS Vancouver Island, Central Middle School, Royal Bay Secondary, Dunsmuir Middle School, and Rockheights Middle School.

During the last fiscal year our focus was to move our middle school program from the pilot to regular programming. With much success, we were able to facilitate boys groups with 6 different middle schools in our three local School Districts. Furthermore, we have discovered that middle school students tend to be a key demographic for this work, given their social influences and developmental level in relation to gender socialization.

Man Made also had the pleasure of co-authoring the “Cultivating Healthy Relationships” curriculum in partnership with the Victoria Women’s Transition House. This program has been well-received in the Transition House community and will potentially become a province-wide program for this organization.



## Going Forward

Due to COVID-19, there is much uncertainty about what Man Made will look like this upcoming school year. In June of this year, Man Made surveyed a number of community partners and the consensus was that schools will plan to engage with Man Made (but more likely in a virtual learning environment). We are currently developing ways to make online engagement creative and impactful for the community members we work with, while at the same time, maintaining the integrity of the program's delivery.

Man Made also completed the research and consultation phase for a potential peer-led education model for future Man Made programming. There was lots of interest from the school districts, educators, and students to engage with initiative. Basically this learning format would be constructed by way of training high-school students on a simplified version of Man Made curriculum. We will then invite these student facilitators to deliver introductory workshops to middle-school and elementary Man Made groups. With the current public health crisis we are unsure if we will be able to deliver this project as initially intended, but hope that we can at least find a way to pilot and evaluate this project for future implementation.

Nick Sandor  
Man Made Facilitator

## social media & online engagement



1114 page likes



1278 followers



924 followers

islandsexualhealth.org

220,390 VISITS

### TOP 5 PAGES VISITED:

- ONLINE BOOKING
- ABOUT US
- IUDS
- EXAMS FOR UTERUSES
- EMERGENCY CONTRACEPTION

# volunteer & community events report

## MARIA WEAVER



Over the last fiscal year, Island Sexual Health had approximately **85** active volunteers working at the Quadra Street Clinic; with new application for volunteer positions being dropped off every week. Volunteers can work anywhere from multiple shifts per week to a few per month; committing to at least one year volunteering with the clinic. All potential volunteers complete an application process that includes a written application, provision of two references, a copy of a criminal record check, an interview with the volunteer coordinator and attendance at a volunteer orientation session. Volunteers must be 18 years and older. Volunteers play such an incredibly important role in our organization, from helping with the day-to-day flow of our busy clinic to lending a hand with community events. The contribution these folks make is so appreciated and we are so lucky to have such a wonderful team of dedicated, hard-working individuals. I feel unbelievably lucky to get to work alongside all 85+ of you! Each and every volunteer brings such a unique, valuable set of skills to their roles, and our organization truly wouldn't be the same without them.

### community events

Maria Weaver  
Volunteer &  
Community Engagement  
Coordinator

An essential piece of the work we do is our attendance at community events. We have continued to grow our involvement in a variety of community events in the Greater Victoria area. Outreach at events enables us to promote our services, provide access to accurate and factual information and provide community members with access to safer sex supplies and resources.

*Royal Roads University Pride - Victoria Pride - UVic Campus Kickoff - United Way Employee Campaign Chair - Project Serve - Indigenous Women's Wellness Day - Foundations in Volunteer Management - Confabulation - PECSF Event - UVic Volunteer Fair - World Contraception Day at Camosun - Foxy Box Client Appreciation Day SD62 Start the Conversation - Mental Health Day - Volunteer Managers Lunch and Learn - Sex Trivia Fundraiser Canadian Sex Research Forum - Volunteer Management Hybrid Conference - Ministry of Transportation- PECSF Expo - 2 Spirit Gathering Victoria Native Friendship Centre - Camosun LANSLOWNE Sexual Violence Awareness Week- Healthy Sexuality Event UVic Residence - Camosun INTERURBAN Sexual Violence Awareness Week - Volunteer Manager's Lunch and Learn (CRCs) - Royal Roads University Employee Wellness Fair - UVic PsychOS Volunteer Fair - Spread the Love Film Festival - Youth Magnet Event Royal Roads Campus Connect - Volunteer Managers Lunch and Learn - PECSF Recognition Event*

# volunteers 2019/2020

## DOCTOR'S ASSISTANT (DA)

The DA assists the physician with pelvic/pap/STI exams and other

procedures. Their main role is to:

- Call the client into the exam room.
- Provide support for the client during examinations should they desire it.
- Label swabs, paps, and any other samples and requisitions during the exam, and assist the physician as needed.
- Clean and sanitize the exam room after each patient.
- Re-stock the exam room with supplies as needed.

Doctors Assistants are scheduled during all clinical hours and the general practice is to have two DAs on for 2-3 physicians.

## BIRTH CONTROL EDUCATOR (BCE)

Educators work one-on-one with clients and their support persons. Educators perform the following functions during each 45-minute session:

- Take a social history from clients
- Provide information on birth control methods of interest to clients
- Demonstrate correct condom usage and discuss STI protection with clients.
- Familiarize client with ISH services, policies and philosophies.

A volunteer must have been with ISH for a minimum of 20 DA shifts in order to apply for this position and acceptance is not guaranteed.

Training for this requires two 3 hour sessions and one 6 hour session with our Education Coordinator, followed by 3 shadow shifts with an existing educator.

Abbey Eurchuk (DA/BCE)  
Aisha Smith (DA)  
Aldyn Chwelos (DA)  
Alexis Kellinghusen (DA)  
Ally Poniedzienik (DA)  
Amber Kelsall (DA)  
Anabelle Bernard-Fournier (DA)  
Anna Linton (DA)  
Anna Young (DA)  
Anne Barnes (DA)  
Annetta Orrick (DA)  
Anyah Bruhn (DA)  
Arielle Joye (DA)  
Avrael Perreault (DA)  
Ayla Moerenhout (DA)  
Celia McBride (DA)  
Charissa Desjardins (DA)  
Charlie Southwell (DA)  
Daamini Bhushan (DA)  
Daniel Allen (DA)  
Danika Azevedo (DA)  
Delaney Anderson (DA)  
Elena Ovetchina (DA)  
Elisabeth (Liz) Lesperance (DA)  
Elizabeth (Liz) Carr (DA)  
Emilie Ouelette (DA)  
Emily Bathgate (DA)  
Emily Langmuir (DA)  
Emily Schmidt (DA)  
Emily Thitchener (DA)  
Erin Ballard (DA)  
Fleur Fenijn (DA)  
Genevieve Rogge (DA)  
Giulia Piccoli (DA)  
Hanna Stoddart (DA)  
Hannah Hagedorn (DA)  
Hannah Sutherland (DA)  
Hannah Watson (DA)  
Hayley Hammond (DA)  
Hilary Scoffield (DA)

# volunteers 2019/2020

Holly Russell (DA)  
Isabella Haley (DA)  
Isabella Watt (DA)  
Jamila Tomines (DA)  
Jelayna Van Dyke (DA)  
Jenna Haaf (DA)  
Jenna MacNeily (DA)  
Jessica Alkana (DA)  
Jessie McCully (DA)  
Jessy Sidhu (DA)  
Josh Mendis (DA)  
Kali Prescesky (DA)  
Kate Conway (DA)  
Katie Neale (DA/BCE)  
Kusam Sharma (DA)  
Kyle Hooper (DA)  
Landa Fox (DA)  
Laura Fraser (DA)  
Laura Smith (DA)  
Laura Weir (DA)  
Lauren Bergman (DA)  
Lauren Menzies (DA)  
Mackenzie Scott (DA)  
Mackenzie Wensauer (DA)  
Maddi Burns (DA)  
Maddi Henry (DA)  
Madison Moffatt (DA)  
Marie Fish (DA)  
Marina Parvanova (DA)  
Marina Spence-Porter (DA)  
Martha Gerlach (DA)  
Mary Gidney (DA)  
Mary Wood (DA)  
Maya Seymour (DA)  
Megan Karpenko (DA)  
Melina Sorensen (DA)  
Meriah Drabkin (BCE/DA)  
Michelle Arnaud (DA)  
Michelle Garland (DA)  
Millie Schulz (DA)

Miriam Lank (DA)  
Musa Niwa-Heinen (DA/BCE)  
Neil Thurley (DA)  
Nicky Nicholas (DA)  
Nicole Falck (DA)  
Nicole Vishnevsky (DA)  
Paige Penny (DA)  
Phillip Tellier (DA)  
Rebecca (Becca) Ponting (DA)  
Rebecca Shuck (DA)  
Renee Dorval (DA)  
Ronza Al Sahawneh (DA)  
Sage Friswell (DA)  
Sam Vestner (DA)  
Sandra Harper (DA)  
Sandra Kolesniak (DA)  
Sandra Zhou (DA)  
Suna Girn (DA)  
Tahia Ahmed (DA)  
Trevor Woodburn (DA)  
Tyler Jensen (DA)

## practicum students

**Emily Bathgate**

Community, Family and Child  
Studies Program, Camosun College

**Emma Cuell**

School of Child and Youth Care, UVic

**Jessica Samuel**

Masters in Public Health, UVic

A portrait of Donna Dippie, an older woman with short, light-colored hair, smiling. She is wearing a dark purple cardigan over a light pink top and a dark necklace. 

# DONNA DIPPIE AWARD FOR VOLUNTEER EXCELLENCE

Since 1969 we have been lucky enough to benefit from the creativity and commitment of volunteers. It is safe to say we have had the privilege of learning from thousands of volunteers and we are very grateful to every single one of them who donate their time and energy to Island Sexual Health. We are pleased to award one of these dedicated volunteers, each year, with the Donna Dippie Award for Volunteer Excellence

This award, established in 2015 was created to acknowledge the unparalleled volunteer dedication of Donna Dippie, who has been with us as a volunteer and advocate for 49 years. Donna was originally trained in an entry level volunteer position to work as a clinic interviewer in 1969.

Through her exemplary leadership and dedication of more than 6,000 volunteer hours, Donna progressed through her work in the clinical rotation as a doctor's assistant to birth control educator and pregnancy counsellor. In addition to her direct client care, Donna also held leadership positions on the Board of Directors and fundraising committee combining her advocacy skills and professional capacity as a social worker, with her passion for helping others.

As a testament to her dedication, it was not unusual that Donna was the first to respond to a request for a last minute educator or pregnancy counsellor. On more than one occasion, Donna was known to respond to a call out mid-dinner, asking her husband Brian to put her dinner in the fridge for later. Over the years Donna witnessed many changes in society's views around sexual and reproductive health services, locally, nationally and internationally and was part of the movement in creating change towards improved access.

Each year, at our AGM, the Donna Dippie award will be awarded to one of our outstanding volunteers who demonstrates the same level of passion and commitment to the organization. This recipient will have their name inscribed on the plaque that hangs in the Education Room at our Quadra Clinic.

## Award Recipients

2015 - VICKIE YANG

2016 - ELLA AITKEN

2017 - JADE NEILSON

2018 - ARIANA SHOLINDER

2019 - LANDA FOX

**2020 - MARY GIDNEY**

# Kira's Good Spirit Legacy Award



Kira Goodwin remains a loved member of our Island Sexual Health community. Kira volunteered as a skilled and compassionate Doctor's Assistant between 2004-2006 while she completed her undergraduate at UVIC. Kira's warmth, enthusiasm, kindness, and spark for life was magnetic and inspiring. During her two years with ISH, Kira's vivacious spirit naturally created affirming spaces for our clients and made them feel cared for, valued, and comfortable. Always the first to lend a hand by taking a last minute shift, stay a little while later, or hold a client's hand a bit longer; Kira brought her love of life to every moment she so generously gave our clinic and clients. Any time spent with Kira made you feel full of life, adventure and grateful for the good in the world.

Kira left ISH after completing her Psychology degree to continue her global adventures and nursing school and while we were sad to lose Kira's ebullience, we knew Kira had big plans for the world! Kira and her adventurous spirit, athletic abilities, thirst for cultural learning travelled far and wide as the best kind of ambassador to Canada. Kira loved her career in nursing and used her skills to serve in Neonatal Intensive Care, the Chemotherapy Clinic and the Operating Room. Kira was taken from this world by an avalanche while backcountry skiing in the west Kootenay mountains on December 31st, 2017. She was generous and kind in life and death. Although Kira could not be saved, she was an organ donor and therefore directly responsible for supporting the lives of others.

To recognize and commemorate Kira's spirit of good and her many contributions to ISH and our greater world, we have established the "Kira's Good Spirit" award which will be awarded yearly. The Legacy award recognizes a volunteer who, like Kira, combines passion for life, enthusiasm, and commitment to their work as a member of the ISH community. Nominated by a volunteer peer, the recipient will be recognized at Island Sexual Health's AGM and their name will be added to a commemorative plaque which will serve as "Kira's Good Spirit" legacy in our waiting area and an inspiration to live a life full of good spirit. Kira's Good Spirit award will be presented annually at our Annual General Meeting and publicized through our website and social media accounts.

## Award Recipients

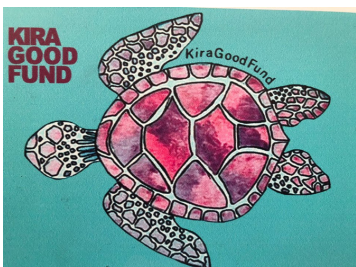
2018 - Shannon Naysmith (Jessica Alkana)

2018 - Kenzie Coatesworth (Ocean Johnston)

2019 - Megan Karpanko (Shannon Naysmith)

**2020 - Maddi Henry**

**2020 - Rebecca Ponting**



# funders and donors



## Individual/Organizational Donors

Island Sexual Health is very grateful for the many donations we receive from individual community members. We would like to thank everyone who so generously donated to us in the 2019/2020 fiscal year. Special thanks to our Exceptional Donors, who made donations of more than \$500.

### Exceptional Donors

**Donna Dippie**  
**Mel McDonald**  
**Kari MacIntyre**  
**John Plas**  
**Painted Lotus**

Dorothy Amero  
Danielle Benacuista  
Neil Boyle  
Lindsay Carnes  
Sandra Doherty  
Jayne Ducker  
Linda Emm  
Nicole Funk  
Foxy Box

### Monthly/Annual Donors

Stephanie Hart  
Madeline Hopwood  
Keely Kastrukoff  
Susan Kinniburgh  
Tara Lynn  
Michele Mackintosh  
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Sarah Michaud  
Karen O'Rourke  
Lyanne Quirt  
Beverly Revin  
Leah Shumka  
Megan Stone  
Kimberly Summers  
Akari Takenshi  
Alaina Trenholm  
Ashley Turner  
Rosie Wallis

# collaborative community partners

*We recognize that the care and education we are able to provide is supported by many amazing community partners. We are very grateful to have such skilled and dedicated partners to collaborate with.*

Boys and Girls Club - SD #61 - SD #62 - SD#63 - St. Michael's University School - Glenlyon Norfolk School - Christ Church Cathedral School - Maria Montessori Academy - Westmont Montessori - Selkirk Montessori - Ecole Victor Brodeur - VIHA Public Health - BC Stevens - Jawl Properties - Island Health - Island Health Best Babies, Best Families and Baby Talk Programs - Esquimalt Neighbourhood House - Saanich Neighbourhood House - Beacon Community Services - YWCA - Artemis - Island Parent Group - SPEAC - Camosun College - Camosun College Students Society - UVic - UVic Health Services - UVic School of Child and Youth Care - UVic School of Nursing - Burnside Gorge Community Centre - Youth Service Provider's Network - Margaret Laurence House - Victoria Womens Transition Society - Victoria Sexual Assault Centre - Youth Co. - Young Parent's Support Network - Pinksheep Media - Royal Bay High School - Tsawout First Nation - Esquimalt First Nation - Songhees First Nation - Tsartlip First nation - NIL/TU,O Child and Family Services - The Rag Podcast - Victoria Period Project - The Foundry - Saanich Peninsula Youth Clinic - CRNBC- BCCDC - BC Cancer Agency - Lifelabs - Victoria Gynecologists and Urologists - OPT BC- The many midwives of Victoria - Cool Aid - Victoria STI Clinic - Transcare BC - UBC School of Medicine - Vancouver Island Women's Clinic - Action Canada - Society of Obstetricians and Gynecologists of Canada - AIDS Vancouver Island - BC Ministry of Health - CML Medical Imaging - RJH Colposcopy - VIHA Medical Imaging - Walk-in & Treatment Centres of Victoria - Men's therapy Centre - Children's Health Foundation - The Times Colonist - The Victoria News - The Goldstream Gazette - Interpares - Likhaan Centre for Women's Health - Kira Good Fund