



ISLAND SEXUAL HEALTH COMMUNITY HEALTH CENTRE 2023 CLINICAL IMPACT PROFILE

11,842 Sexual Health Visits

6,396 Unique Sexual Health Patients

6,692 Primary Care Visits

680 Unique Primary Care Patients



STI Testing and Treatment

4,000+ Tests Performed

Provision of comprehensive testing for and treatment of sexually transmitted infections (STIs). Testing is free, regardless of medical coverage status. Services are prioritized for youth and symptomatic patients.



Contraceptive Insertions

742 IUD **126** Nexplanon

Insertion, removal, and follow-up care for Long-Acting Reversible Contraception (LARC) – the most effective and long-acting method of birth control. ISH is a member of Rapid Access IUD Centers for Excellence (RAICE).

BioMedical HIV Prevention

200 Patients accessing PrEP = **50** PrEP Renewals per Month

40 Patients accessing PEP = **40** fewer ER visits



Pre-Exposure Prophylaxis (PrEP) is a medicine that can reduce the risk of HIV transmission by up to 99% for people at risk of contracting HIV. Post-Exposure Prophylaxis (PEP) is for people who have possibly been exposed to HIV. PEP must be started within 72 hours after a possible exposure to HIV.



Cervical Screening

1800+ Liquid Based Cytology (LBC) Tests Performed

423 Referrals to Colposcopy Clinic

ISH receives colposcopy results to provide care for all patients accessing the Royal Jubilee Hospital colposcopy clinic who are unable to follow-up with their referring provider. ISH is a linked clinic for patients without a family doctor who require follow-up after abnormal results with the BC Cancer HPV self-swab screening program.

Gender Affirming Care

392 Unique Patients **58%** of PC Panel

Provision of medical interventions to assist trans and gender-diverse individuals in achieving their gender goals and health needs, including assessment and prescription for hormone therapy, surgical referrals, and connections to other supporting services.



Forensic Nurse Referrals

Approximately 2 per week

Island Sexual Health receives forensic nurse referrals (FNE) from Victoria General Hospital, Royal Jubilee Hospital, and Saanich Peninsula Hospital emergency rooms to provide follow-up care, support, and testing to sexual assault patients.

COMMUNITY, TRAINING, AND EDUCATION IMPACT PROFILE

These programs are supported through community grants and fundraising.



Gender Affirming Apparel

200 Fittings

Victoria's first not-for-profit gender affirming apparel program. Our low-barrier gender-affirming apparel program recognizes the life-saving nature of these items, providing them to community members on a sliding scale based on financial need - no questions asked. Gender-affirming apparel fitting appointments are always free, educational, and trauma-informed.

Clinical and Allied Health Training

7 Residents **6** Med Students **10** Practicum Students

Island Sexual Health partners with the UBC Department of Family Practice, offering on-site training for second-year residents and medical students. We also host nursing students from UVic for community placements.

At ISH, we provide specialized training for clinicians, covering Nexplanon and IUD insertions, gender-affirming care, and STI management certification placements for RNs.

Additionally, we collaborate with UVic and Camosun to provide practicum placements for allied health students in faculties such as Social Work, Child and Youth Care, and Community, Family, and Child Studies.



Community Outreach Education

13,597 Participants **778** Workshops

2,904 Texting Line Questions **109,686** Website visits

ISH delivers evidence-based sexual health education to individuals ranging from grades 4 to University, as well as to parents, seniors, and professionals in classroom and community settings in Greater Victoria.

Workshops align with the BC Ministry of Education PHE Curriculum and include programming for vulnerable communities. We also offer training for youth and allied health professionals, a confidential Q&A text line for follow-up support and resources, a comprehensive website, and conference sessions.



KEY COLLABORATORS



University of Victoria



Action Canada
for Sexual Health & Rights



BCACHC
BRITISH COLUMBIA ASSOCIATION
OF COMMUNITY HEALTH CENTRES



ASSOCIATION CANADIENNE DES
CENTRES DE SANTÉ COMMUNAUTAIRE
CANADIAN ASSOCIATION OF
COMMUNITY HEALTH CENTRES